

Participant Report Form – Call 2016 – KA1 – VET Learning Mobility of Individuals – Learners' mobility for training in vocational education and training

Fields marked with * are mandatory.

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1 Purpose of the participant report

This final report on your mobility experience will provide the EU's Erasmus+ programme with valuable information, which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45/2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

2 Identification of the Participant and General Information

* 2.1 First and last name

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

* 2.2 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct the email address if necessary.

* 2.3 Which year in the study level?

1

- 2
- 3
- 4
- already graduated

***2.4 What were your main motivations for carrying out a learning mobility period abroad?**

Multiple answers are possible.

- Enhance my technical/professional skills/competences
- Opportunity to live abroad
- Opportunity to learn/improve a foreign language
- Opportunity to meet new people
- Opportunity to develop personal skills, such as adaptability
- Enhance my future employability in my home country
- Enhance my future employability abroad
- Opportunity to experience different learning practices
- Possibility to choose to do part of my studying/training in a foreign language
- The length of the study/training period was appropriate
- Quality of the receiving institution
- Good alignment of the courses/training abroad with the curriculum at the sending institution
- Available support in finding accommodation

3 Quality of Studies/Training

***3.1 Your receiving institution was...?**

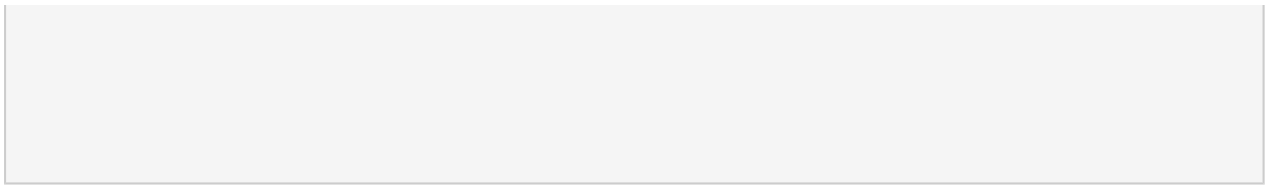
- a VET school/institute
- a company
- a mix between VET school/institute and company

3.2 How would you evaluate the quality of learning and teaching at the receiving organisation?

	Very good	Good	Fair	Poor	Very poor	Not applicable
*The quality of content of training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*The quality of teaching methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***3.3 Please describe:**

- what you have done during your training period abroad,
- the new knowledge, skills and competences that you have accrued,
- the key experiences that you will take away from this transnational mobility?



* 3.4 Would you recommend your host organisation?

- Yes
- No

3.5 How would you evaluate the quality of support at your sending and receiving organisations?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
*I was given proper help to find a suitable host organisation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*The organisation where I was trained met my needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I knew clearly what I was expected to do and learn during my training abroad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*The training duration was long enough for me to fulfil my training objectives	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*The proposed activities were directly related to my training objectives in my home country	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*I was provided with proper equipment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I knew who the person assigned to help me carry out my training and check my results was	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*My sending organisation was helpful during my placement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

4 Foreign Language Skills and Linguistic Support

* 4.1 What was the main language used during your mobility activity?

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
-

- Swedish
- Albanian
 - Icelandic
 - Letzeburgesch
 - Macedonian
 - Moldavian
 - Montenegrin
 - Norwegian
 - Russian
 - Serbian
 - Serbo-Croatian
 - Turkish
 - Ukrainian
 - Aragonese
 - Basque
 - Bosnian
 - Breton
 - Catalan
 - Corsican
 - Faroese
 - Gaelic (Scots)
 - Gallegan
 - Limburgan; Limburger; Limburgish
 - Norwegian Bokmael
 - Norwegian Nynorsk
 - Sardinian
 - Walloon
 - Welsh
 - Esperanto
 - Interlingua
 - Other

* 4.2 If other, please specify

* 4.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes
- No, I was already fluent
- No

* 4.4 Did you take advantage of linguistic support in learning this main language?

- Yes
- No

* 4.5 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ online language service
- Language course/training provided by the sending institution/organisation
- Language course/training provided by the receiving institution/organisation
- Language course/training provided both by the sending and receiving institutions/organisations
- Financial support to carry out a self-study (DVD, books)
- Other

* 4.6 Do you feel the OLS Language Course helped you to improve your language level?

- Yes
- No

* 4.7 Overall, how satisfied were you with the OLS experience?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.8 How satisfied are you with the OLS Assessment?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 4.9 Approximately, for how many hours in total?

- Less than 10 hours
- Between 10 and 30 hours
- Between 30 and 50 hours
- More than 50 hours

* 4.10 Why didn't you take advantage of linguistic support?

- I did not ask for it
- I did not need it because my knowledge of the foreign language was adequate
- I did not have time
- The sending/receiving organisations did not provide it to me
- Other
- I did not need it as it is my mother-tongue

* 4.11 While staying abroad, did you improve your competence in other languages besides the main one used?

- Yes
- No

Which were those languages?

*4.12 Language 1

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian
- Montenegrin
- Norwegian
- Russian
- Serbian
- Serbo-Croatian
- Turkish
- Ukrainian
- Aragonese
- Basque
- Bosnian
- Breton
- Catalan
- Corsican
- Faroese

- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

* 4.13 If other, please specify

4.14 Language 2

- Bulgarian
- Croatian
- Czech
- Danish
- Dutch
- English
- Estonian
- Finnish
- French
- German
- Greek
- Hungarian
- Irish
- Italian
- Latvian
- Lithuanian
- Maltese
- Polish
- Portuguese
- Romanian
- Slovak
- Slovenian
- Spanish
- Swedish
- Albanian
- Icelandic
- Letzeburgesch
- Macedonian
- Moldavian

- Montenegrin
- Norwegian
- Russian
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- Serbo-Croatian
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- Bosnian
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- Catalan
- Corsican
- Faroese
- Gaelic (Scots)
- Gallegan
- Limburgan; Limburger; Limburgish
- Norwegian Bokmael
- Norwegian Nynorsk
- Sardinian
- Walloon
- Welsh
- Esperanto
- Interlingua
- Other

* 4.15 If other, please specify

5 Personal Development

5.1 Through my participation in this activity I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*plan and carry out my learning independently	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*express myself creatively	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*use internet, social media and PCs , e.g. for my studies, work and personal activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*communicate and express myself in my mother tongue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*develop an idea and put it into practice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*see the value of different cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*cooperate in teams	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*plan and organise tasks and activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5.2 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I am more confident and convinced of my abilities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I know better my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more able to adapt to and act in new situations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more able to think and analyse information critically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more tolerant towards other persons' values and behaviour	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more open-minded and curious about new challenges	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I intend to participate more actively in social and political life of my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

*I am more interested in knowing what happens in the world daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more able to reach decisions	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more able to cooperate with people from other backgrounds and cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more interested in European topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I feel more European	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I improved my technical/professional skills/competences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6 Future Prospects of Education, Training and Work

6.1 Thanks to this mobility experience:

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I believe that my chances to get a new or better job have increased	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I have better opportunities for internships or jobs in my home country	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I am better capable of taking over work tasks with high responsibility after my stay abroad	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6.2 How has the stay abroad changed the way you see your future work?

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	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
*I can easily imagine working abroad at some point in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I can easily imagine working in the country where I did my Erasmus+ period in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*I would like to work in an international context	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7 Practical and Organisational Arrangements

* 7.1 Did you require a visa in order to participate in this mobility?

- Yes
- No

7.2 How satisfied were you with assistance related to visa issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
*provided by the sending institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*provided by the receiving institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

7.3 How would you consider your degree of integration during your mobility experience?

	Very good	Good	Fair	Poor	Very poor	Not applicable
*In the everyday life of the receiving institution	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*With local trainees or employees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*With other Erasmus+ / international trainees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

* 7.4 How satisfied were you with the way the receiving organisation dealt with any questions, complaints or problems that may have come up during your mobility experience?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 7.5 Did you have a mentor in the receiving organisation?

- Yes
- No

* 7.6 How satisfied were you with your mentor provided by the receiving organisation?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 7.7 Please describe the good and bad elements of the mobility experience according to your answers above.

7.8 How satisfied are you with your accommodation and travel arrangements?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied

*The guidance you received by the receiving institution on how to find an accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Your accommodation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
*Your travel arrangements	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

8 Costs

* 8.1 Are you aware of having an Erasmus+ grant and to what extent did it cover your overall expenses related to your mobility period?

- 0-25%
- 26-50%
- 51-75%
- 76-100%
- I am not aware/don't know

* 8.2 2 Did you receive any other sources of funding, in addition to the Erasmus+ grant?

Multiple answers are possible.

- State and/or regional grant(s)
- Grant from your sending institution
- Part-time job during your period abroad
- Other grants or loans
- Family
- Own savings
- Contribution from host organisation
- Other sources
- None

9 Conclusions, Personal Comments and Recommendations

* 9.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

* 9.2 Please describe the main tasks that you carried out and the most important things that you learnt during the studying/training period and underline the key experiences that you will take away from this transnational mobility.

* 9.3 What were the most important experiences from your mobility experience? Please underline both positive and negative aspects.

9.4 If you wish, please give any additional information, observations, comments or recommendations that may be useful for future participants, projects as well as to the National Agency or the European Commission.

10 Publication and Usage Rights of the Information and of the Email Address

* 10.1 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address
- Yes, but anonymised (no name and no email address)
- No

* 10.2 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.

- Yes
- No