# St. Francis Xavier University



INTERNATIONAL EXCHANGE INFORMATION GUIDE

# INTERNATIONAL EXCHANGE OFFICE

204 Nicholson Tower | 2329 Notre Dame Avenue StFX University | Antigonish | Nova Scotia | Canada briley@stfx.ca | Phone: (902) 867-4532 | Fax: (902) 867-5256

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More than 4,200 students come to StFX annually, primarily for undergraduate degrees. They come to StFX from across Canada and around the world for quality programs in the humanities, social sciences, sciences, and business. Our accomplished faculty and students enjoy a reputation for academic excellence. The university has one of the highest rates of tenured faculty teaching first year students of any university in Canada, and in recent years StFX has consistently ranked nationally in the top five of small universities in Canada.

While StFX is situated in small town rural Nova Scotia, our students may choose to directly experience the broader academic world through community based and international service learning, conference presentations and competitions, research partnerships, internships and international exchanges. Our primary teaching focus is at the undergraduate level of university education and this engages young students in academic collaboration and research with experts in their fields of learning. This enriched undergraduate academic experience has led StFX students and graduates to achieve acclaim in many settings. Amongst StFX graduates, are a former prime minister and numerous provincial premiers, senators, senior government members, renowned scientists, Supreme Court justices, national journalists, recognized writers, international artists, and corporate leaders.



# **LOCATION**

StFX is situated in the small town of Antigonish, along the north shore of Nova Scotia, one of Canada's earliest settled regions. It is two hours drive from the provincial capital, Halifax and closer to Europe than Canada's Pacific Coast.

Halifax to: Antigonish – 200 kms

Montreal – 1258 kms Quebec City – 1036kms Toronto – 1788 kms Vancouver – 5740 kms New York City - 1395 kms Boston – 1115 kms Washington – 1820 kms

Miami – 3532 kms





StFX University is primarily a residential campus with the facilities and services, essential to a quality undergraduate education, available on campus. An outline map of the campus is available on page 16 of this document.

## **Residence Services**

StFX has a number of residence halls with varying styles of accommodation including single gender and coed options. Each residence has its unique characteristics in terms of location, history, facilities and organization of space. For different residence options visit **http://sites.stfx.ca/residence\_services**.

#### **Food Service Outlets**

Morrison Hall is the primary meal hall. It is at Morrison Hall that students access their meal plans. Keating Café, MSB Café, and Mini Moes are locations where students can purchase lunch menu items, snacks and beverages. Bloomfield Café boasts an array of amenities including a big screen TV, lounge furniture, and Mac computers. Students can choose to eat breakfast, lunch or dinner at this location.

#### **Health Services**

Located in Bloomfield Centre, the StFX Health Centre promotes a holistic approach to student centered health and wellbeing. For immediate service, nurses are available for consultation during regular university working hours (Monday - Friday from 9:00 a.m. to 4:00 p.m.). Also, students may call 867-2263 or drop by the Health Centre to make an appointment to see a doctor. More information about Health Centre services can be found at http://sites.stfx.ca/health\_and\_counselling.

If students need medical assistance after the StFX Health Centre office hours, they should contact the Antigonish After Hours Clinic at 40 Church Street. The After Hours Clinic has doctors' hours Monday to Friday from 6-9 pm. Those needing this service can call after 5 pm to book a same day appointment (735-4000).

For medical services outside the hours above, students can visit the St. Martha's Regional Hospital outpatients / emergency area. If medical attention is needed immediately, an ambulance can be summoned by using the 911 calling service from any phone. Ambulance services are expensive and should not be used unless necessary. Other services available to students through the StFX Health Centre include: psychological counseling, addictions outreach, and referrals to a variety of health related services in the community.

St. Fr<u>ancis X</u>avier

### **Recreation Facilities**

StFX recreation activities include student sports clubs and intramural leagues often organized around residence halls. StFX recreation facilities include:

The **Alumni Aquatic Centre**, which offers a variety of group water fitness programs, along with an open swim schedule at the six-lane 25m swimming pool.

The **Charles V. Keating Centre** houses 2 ice hockey surfaces, with seating for 1,500 spectators. The main arena transforms to a large venue for indoor concerts, conferences and other major events. The first floor of the Keating Centre houses a fitness and recreation centre consisting of two dance studios, an indoor running track, and a wellness centre with over 3300 sq. feet of cardio and resistance equipment.

StFX **Memorial Field** provides practice space for numerous varsity and club teams, and is the main outdoor facility utilized by the StFX Intramural program. Memorial field also provides green space for informal recreational activities.

The **Oland Centre** features a main gymnasium with seating for 2500 spectators for basketball or volleyball games. A second gymnasium serves as a practice facility for StFX varsity teams, along with a teaching area for Human Kinetics skills classes, and recreational space for StFX Recreation Department members. The Oland Centre also houses 4 racquetball courts and 2 squash courts.

**Oland Stadium** features a newly installed artificial field turf with field lines for football, rugby, soccer and lacrosse, along with an eight-lane 400m rubberized track. There is grandstand seating for 4000, stadium lighting and perimeter fencing.

# **Library Services**

The Angus L Macdonald Library is the main library on campus. All registered students are eligible to borrow library materials and have access to electronic databases through the library collections, including remote access to electronic library resources. Once a student registers with library services, the student ID card serves as a library card. For registration, the student must present information about their permanent home address, permanent home phone number, local phone number, email address, and post office box on campus. The Angus L. MacDonald website is at http://sites.stfx.ca/library.

# **Computer Access**

StFX Technology Support Group maintains computer labs for students in Nicholson Hall, Physical Science Complex, Schwartz School of Business, Bloomfield Centre, Oland Centre, Xavier Hall, Marguerite Hall, Coady International Institute and the Angus L. MacDonald Library. Eleven of these labs have black and white laser printing service.

Wireless access is available in all campus facilities but students must register on campus before receiving their wireless access login number. Students must provide ethernet cords to use internet jacks available in residence rooms.



# **Telephone Services**

Some residence rooms are equipped with telephone service that students may use for local calls without charge. For long distance calling students may purchase calling cards which are useful for long distance calls from any phone. Cell phones and cell phone services may be purchased locally.

# **Campus Store**

The university's Campus Store is the principal location for purchasing textbooks for all courses offered by StFX University. In addition the Campus Store proudly offers a large assortment of StFX crested gifts and souvenirs, as well as clothing for adults and children. The Campus Store on the ground floor of Bloomfield Centre on the StFX Campus. Students can purchase textbooks for courses at the campus store. See **http://sites.stfx.ca/campusstore/**.

# The Writing Centre

The Writing Centre provides one-to-one appointments to StFX students who need assistance with their academic writing. Writing Centre instructors assist students from all disciplines in developing their critical thinking, writing, and editing skills. Instructors help students apply these skills while understanding that good writing requires planning, critical reflection, and plenty of editing time. Students may meet with a Writing Centre instructor at any stage in the writing process from the initial organization to final revisions. Appointments can be booked by visiting the Writing Centre website: http://sites.stfx.ca/writingcentre/.

# Chaplaincy

The Chaplaincy Department at StFX encourages and inspires students, faculty, staff, and alumni to practice and live their faith. The center of worship for the Christian community at St. FX is the University Chapel. The Chaplaincy Department organizes various events and oversees activities aimed at encouraging students to explore spirituality and see its relevance in today's modern world.

### Wellspring

Situated in Morrison Hall, Wellspring offers an oasis experience to students, staff and faculty, who come for quiet reflection, to study, or relax amongst friends. Facilities include a spacious common room, kitchenette facilities, a seminar room, a quiet room for reflection and prayer, and friendly, helpful staff. All events and activities held at Wellspring reflect the Sisters of St. Martha's mission to serve the Xaverian family in the Martha tradition of hospitality to all. See http://sites.stfx.ca/wellspring/.

# Students' Union - "The U"

The StFX Students' Union is run by and for the students of StFX. The organization consists of over 200 employees and many volunteers. The Students' Union oversees the management of the Bloomfield Centre - the Students' Union Building. There are 99 student societies within the Students' Union. They range from advocating groups, to athletics, to academics and more. The Students' Union organizes 'Society Nights' at the beginning of each semester, where students can sign up to become a member of societies that interest them. Visit **http://theu.ca/**.





### **Academic Year**

The undergraduate year at StFX is from September to April. The fall semester ends during the third week of December. The winter semester begins the first week of January and continues into the third week of April. Other than the Christmas break, there is a weeklong break in late February.

# **Course Offerings**

Exchange students are not restricted to registering in courses in a specific academic discipline, but without sufficient background knowledge (equivalent to required course prerequisites), they will not be allowed to register in specific courses. Senior level seminar courses are usually restricted to graduating degree students.

A full course load per semester is 15 credits. A single semester course is given 3 credits and a full year course is worth 6 credits. Students may have a mix of full year and single semester courses to a maximum of 30 credits. Not all courses are offered each year or each semester. Final course offerings for the upcoming year are posted in mid-June. This is referred to as the "Course Timetable". See <a href="http://sites.stfx.ca/registrars\_office/Course\_Timetable">http://sites.stfx.ca/registrars\_office/Course\_Timetable</a>/.

Exchange students planning to attend StFX for a single semester should not enroll in 6 credit courses. Occasionally exchange students attending in the fall semester are allowed to enroll in the beginning term of a 6 credit course and earn 3 credits for fall semester work, but this is not guaranteed and is by the permission of the instructor. Students arriving in January for second semester study should not expect to enroll in the second half of a 6 credit course.

# **Class Times**

Generally classes are for 2.5 lecture hours per week. This may be for three 55 minute classes, two 75 minute classes, or a single class of 2.5 hours. The class timetable begins at 8:15 in the morning. Usually single class sessions are evening classes. Science courses are likely to have additional class time scheduled for lab work.



# **Professors' Expectations**

Class attendance is expected of all students and students are expected to complete reading assignments regularly. Students should spend as much as 2 hours of independent study for every 1 hour of lecture time. In most courses students are expected to purchase textbooks or other reading material as part of the requirements of the course.

Students most often are evaluated on any one, or combination of: class participation, project group work, research essays, in-class tests, lab work, presentations and final exams at the end of term. Professors expect that individual or group work is completed by assigned deadlines, and they usually deduct marks for late submissions. Professors are available to meet with students during assigned office hours and welcome students' questions relating to course work.

# **Course Registration**

Registration for courses offered in fall and winter semesters begins in June. Courses fill up quickly and once courses are filled there is no guarantee that more students will be allowed to join a class. Exchange students must provide their course choices to the International Exchange Office to have the best opportunity to enroll in specific courses in June. Communications about course choices and available options are conducted through the International Exchange Office. Every effort is made to accommodate exchange student choice within the constraints of restricted class sizes, course pre-requisites and course content.

Students may change their course choices up to the end of the first week of classes of each semester. After this they may drop a course from their schedule but are unable to enroll in a different fall or full year course in the fall semester. Students may change their registration for second term courses up until the second week of the winter term. There are deadlines each term for dropping courses without penalty. Once the deadline has passed, the student will receive a grade for the course even if they have not attended classes.

# **Undergraduate Programs**

Anthropology

Aquatic Resources

Canadian Studies

Catholic Studies

Celtic Studies

Classical Studies

**Development Studies** 

Economics

English

Fine Arts

rine Art

History

Modern Languages

Music

Philosophy

Political Science

Psychology

Religious Studies

Sociology

Women's & Gender Studies

Aquatic Resources

Biology

FACULTY OF SCIENCE

Chemistry

Computer Science

Earth Sciences

Engineering

**Environmental Sciences** 

Human Kinetics

**Human Nutrition** 

Math & Statistics

Nursing

Physics

-ACULTY OF BUSINESS

Accounting

Enterprise Development

Finance

Information Systems

Leadership Studies

Marketing

Information Systems





# International Exchange Office

All activity relating to admissions, course registration, settling in to campus and academic advising for incoming exchange students is organized through the International Exchange Office. The office is located in Nicholson Hall Tower, Room 204. The International Exchange Office is also responsible for managing outgoing exchange students, and managing relationships between StFX and its international exchange partners. Exchange students coming to StFX or in the process of studying on campus should address any inquiries about their experience to the International Exchange Coordinator. The International Exchange Office website can be found at <a href="http://sites.stfx.ca/international\_exchange/">http://sites.stfx.ca/international\_exchange/</a>.

# International Student Advising Office

International student advising is a support service for all international students on campus in relation to cultural, personal and social concerns. For full degree students, the International Student Advisor consults with university departments on various matters related to admissions and student success. The International Student Advisor is responsible for the management of the fall International Welcome program and provides advising services to all international students on campus particularly in the area of required documents for study permits, visas and work permits. The office for the International Student Advisor is located in 313C Bloomfield Centre. The website for the International Advising Office is <a href="http://sites.stfx.ca/student\_life/international\_advising/">http://sites.stfx.ca/student\_life/international\_advising/</a>.

# **Exchange Student Admission**

The exchange student admission process begins with an email notice of nomination by the home university international exchange office followed by:

- An International Exchange Application form
- Original or certified copies of a most recent university transcript
- Evidence of ability to study successfully in English
- Indication on the application form of a request for residence accommodation

# **Application Deadlines**

For Fall Semester or Full Year Study For Winter Semester Study Nomination Application Package

May 1 May 15 October 1 October 15



# **English Competency**

For full degree students, the admissions English Language Requirements include a TOEFL score of at least 580 or IBT score of 80. For exchange students, a recommendation from the home university International Office regarding a student's competency to study in English will be accepted. International students attending StFX on exchange attend classes with primarily Canadian students. Therefore, it is expected that they can be academically successful when studying with native English speakers.

# **Acceptance Letters**

Once an application has been approved by the StFX Admissions Office, the student will receive a letter of acceptance accompanied by a 'visa' form. The 'visa' form is needed for the student to apply for a Study Permit or Visa. Unless otherwise indicated to the student, the acceptance letter is sent to the student's permanent address indicated on the International Exchange Application. Students should be sure to print clearly their address information on the form to prevent any delays in receiving their acceptance letter.

# **On Campus Housing Applications**

To arrange for on campus housing, exchange students should first indicate that they are interested in this option on the exchange application form. Their names will be sent to the Residence Office and they will be contacted directly by a representative of that office to finalize residence arrangements. Residence fees vary depending on the style of accommodation and particular residence. Booking a room on campus involves signing a Residence Contract. This contract carries the same weight as a private lease would in a non-campus setting. Students who sign residence contracts should realize that they are committed to living on campus for the duration of the contract. Only in exceptional circumstances can students be released from their residence contract. Finding alternative accommodations off campus once in Antigonish is NOT one of these circumstances.

# Gaining Entry Into Canada

Whether an exchange student needs a study permit and/or visa will depend on the home country and the length of study. All international students studying for more than 6 months in Canada must have a study permit. It is the student's responsibility to obtain this authorization. Starting in 2013, some applicants will be required to complete Biometric Identity screening. Even if a student is not required to have a study permit, having a study permit allows international students to work on or off campus. Also, a student with a study permit may apply to extend the permit while still in Canada. For information on study permits and visa visit www.cic.gc.ca/english/study/index.asp.

# DO I NEED A STUDY PERMIT?

Students from some countries need a **temporary resident visa** to enter Canada. For this group, a **study permit** is not needed if the student is studying here for six months or less. Students from certain countries are not required to have a either a temporary resident visa or a study permit when studying for less than 6 months. However, only if you have a .study permit are you allowed to work on or off campus. The study permit has replaced the 'work permit' as the authorization for employment during the student's study period. The study permit also is important for students who may want to stay in Canada to work or do internships at the end of a study semester.





# **On Campus Housing**

Students have the choice of living on campus or off campus. The advantages of on campus living are the proximity to facilities and events on campus and the convenience of services close at hand. There are a number of options for university residence living and students should book their campus accommodations as soon as possible in the spring or fall. More information on residence living can be found on the Residence Office website at http://sites.stfx.ca/residence\_services/.

### **Meal Plans**

Students living on campus must purchase some level of meal service. Students in traditional residence are required to purchase a meal plan with the main dining hall. Students in apartment style residences do not need to purchase a meal plan, but they are required to purchase a minimum credit towards food purchases at any food service outlet on campus. This is referred to as a declining balance (DCB). The DCB is tagged to the Student ID card and functions like a debit card. Each time the student purchases a meal or food item at campus food service outlets, the ID card is swiped and that amount is debited from the DCB account. See <a href="http://sites.stfx.ca/dining\_services/">http://sites.stfx.ca/dining\_services/</a>.

Exchange students who are staying in residence are able to move on campus for the fall Welcome Program without paying extra residence fees. StFX does not provide residence accommodation during Welcome week for students who will be living off campus in the fall.

#### **Needed Purchases**

Residence Services does not provide linens, blankets, pillows, lamps, alarm clocks, utensils, dishes etc. Students should be prepared to purchase such items in Antigonish. If students bring electronic devices, they should bring any adapters needed to make these electronic devices compatible with North America electrical systems.

A parcel may be sent ahead to the university with necessary belongings. This may be mailed to:

(student name) C/O the International Exchange Office St. Francis Xavier University PO Box 5000, Antigonish Nova Scotia, CANADA B2G 2W5



Students should address any mail to the International Exchange Office. If this office is not properly noted in the mailing address, the package will likely be returned to sender. Additionally, students should notify the International Exchange Office that a package has been sent, with the expected arrival time. The International Exchange Office is not responsible if for some reason a package does not arrive at this office.

# **Off Campus Housing**

The International Exchange Office does not manage off campus housing arrangements. However, if incoming exchange students have general questions related to off campus housing, they are welcome to address them to the International Exchange Office. The StFX Students Union website does have an off campus housing listing service at **http://www.theuhousing.ca**. Off campus housing prices in Antigonish range between \$400-500 plus utilities a month for shared apartments or houses, to \$600+ per month for a one-bedroom apartment.

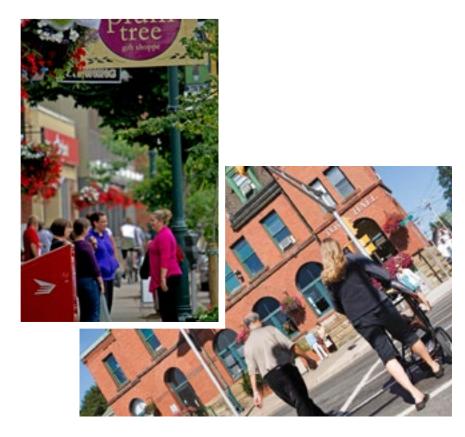
# Transportation in Antigonish

Most off campus housing is within walking distance of the university campus. For large purchases, students may choose to use the local taxi system for transportation. Most destinations within the community are \$5-7 per taxi drive.

# COMMUNITY PARTNERSHIPS MAKE GREAT THINGS HAPPEN

For more than 150 years, St. Francis Xavier University and the local community have grown and prospered together. Both have benefited from a mutually supportive partnership that has withstood the test of time. In a spirit of cooperation, community leaders and residents of Antigonish town and county have supported StFX as it grew from a small diocesan school to one of Canada's finest undergraduate universities.

As StFX grew, so did the local community. Today StFX and the Antigonish area offer one of the best places in Canada to live, study, work, visit and invest. It's small-town living with the very best that bigger communities have to offer: Modern educational facilities, cultural and artistic events, great facilities for conferences, athletics, entertainment and a vibrant business sector.







### Notice of Arrival Time

Students are asked to forward to the International Exchange Office information about your arrival including

- Name of the air carrier
- Flight number
- Time of arrival
- Plans for transportation to Antigonish

This information will enable StFX representatives to meet students as they arrive on campus.

# Halifax Stanfield International Airport

The closest public airport to Antigonish is outside Halifax, the provincial capital. Halifax Stanfield International Airport has many daily arrivals of flights from a number of airlines with connections to major cities in Canada and the eastern United States. Some flights arrive directly from Europe, but many European travelers usually are routed through Montreal or Toronto.

### **Ground Transportation**

Students are responsible for arranging transportation from Halifax Stanfield International Airport to Antigonish. On the airport website (**www.hiaa.ca**) there is information about transportation services from the airport to Antigonish. The distance is approximately 200 kms and takes approximately 2.5 – 3.0 hours by public transport.

Maritime Bus is the bus service that has routes throughout Atlantic Canada and connecting with central Canada. For information on bus schedules and ticket prices see **www.maritimebus.com/en**.

There are also mini-van shuttle services that transport individuals from the Halifax International Airport to destinations in eastern Nova Scotia. These companies usually need to be notified beforehand, in order to book your transport with them, however, if you arrive at the airport and go to Ground Transportation, they may direct you to shuttle service options available at that time.



Most of these shuttle services take cash only and the ticket prices are approximately \$50. If for some reason your schedule of arrival changes and you will not be able to meet a pre-booked shuttle, you should try to contact the shuttle to cancel the booking. Taxi travel from the airport to Antigonish is possible but is expensive (approximately \$350).

# **Orientation to Campus**

Exchange students arriving at the beginning of term will be provided an orientation to campus. For the fall semester, this orientation will be part of the Welcome Program offered to new international students through the International Student Advising Office. Orientation for winter semester arrivals is provided through the International Exchange Office.

Exchange students will be given directions and assistance with:

- Learning about on campus services
- Moving into residence
- Acquiring a student identification card
- Activating their StFX email account and Webfx wireless access
- Using Banner and Mes Amis to manage their StFX profile
- Accessing mail services on campus
- Activating their library card
- Activating their Recreation Centre pass
- Understanding their course schedule

# **Mandatory Fees**

Fee amounts are finalized in June each year. Visit http://sites.stfx.ca/financial\_services/StudentAccounts for updated information on student fees. Exchange students are not required to pay tuition fees however they are required to pay the following fees. Students studying for a single semester would pay half of the rates listed.

- Information Technology Fee
- Facilities Management Fee
- Student Union Fee
- Recreation Facilities Fee
- Medical Insurance: As of January, 2014, <u>all</u> exchange students will be required to purchase medical insurance from the StFX Students Union Health Plan. The cost of this plan is approximately \$400 per semester for medical, prescription and dental coverage

### **Student Accounts**

Each student is assigned an account at the business office. Any billed fees will be posted to this account and can be viewed by the student through his or her Mes Amis profile. Students are expected to pay their fees for each semester by the indicated deadline. Fees not paid by that time will be subject to interest charges and a late fee charge. For information on student fees and payment options see <a href="http://sites.stfx.ca/financial\_services/StudentAccounts">http://sites.stfx.ca/financial\_services/StudentAccounts</a>.



### **Textbooks**

In almost all courses students are required to purchase textbooks or other reading materials. Occasionally professors will prepare a 'course pack' containing required readings. Whatever types of texts are required for courses, students should be aware that the cost of individual texts is usually high. Students should be prepared to pay as much as \$100 per course for required reading texts. To survey possible costs, students can refer to the Campus Store website for information about such costs at http://sites.stfx.ca/campusstore.

### Medical Insurance

The StFX Students' Union health plan includes coverage for medical services, prescription drugs, and dental care. Details of the types of services and any co-payments involved can be found at the following website: http://www.theu.ca/health/international.

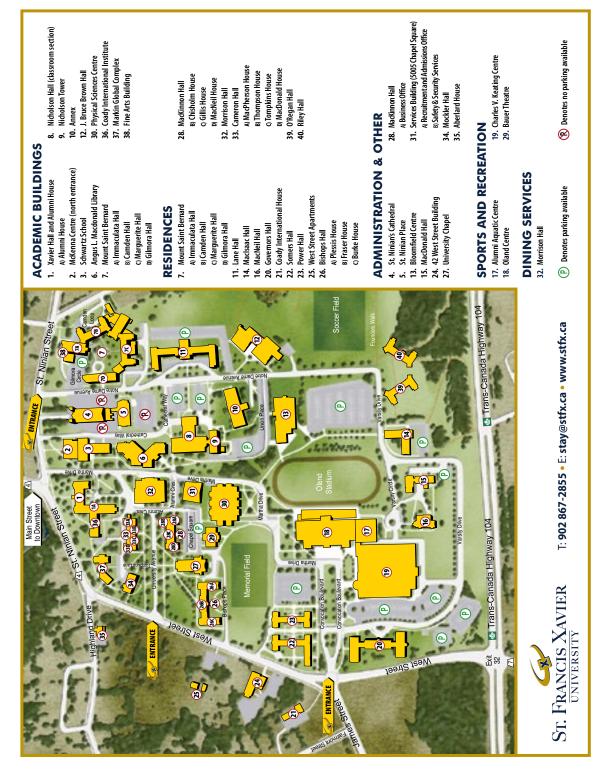
In addition to the health coverage offered by these plans, a primary advantage to international students covered by the plan is that any costs of medical services in the local area are billed directly to the plan. This reduces any difficulty with paying for services in advance and having to submit receipts to an outside insurer.

# Completion of Study

At the end of each semester, professors are required to submit final term grades for students in their courses within a week of the final examination date for that semester. Students may access their Mes Amis profiles through the web and find their final grades posted at the "My Grades" link.

The International Exchange Office arranges for academic transcripts to be sent to the International Office of exchange partner universities once these marks are entered in the Registrar's Office records. Should students wish to order additional copies of their transcript, they may do so at the StFX Registrar's Office website. See **http://sites.stfx.ca/registrars\_office/**.







# **CONTACTS**

# International Exchange Office

# **Brenda Riley**

International Exchange Coordinator briley@stfx.ca 204 Nicholson Tower 2329 Notre Dame Avenue Phone: (902) 867-4532

Fax: (902) 867-5256

http://sites.stfx.ca/international\_exchange

# **International Student Advising Office**

# Brenda Berthiaume

International Student Advisor bberth@stfx.ca | iso@stfx.ca 404 Immaculata Hall Phone: (902) 867-3678

http://sites.stfx.ca/student\_life/international\_advising

## **Residence Services**

Room Assignment Inquiries residence@stfx.ca Martha Drive Phone: (902) 867-5106

Fax: (902) 867-3751

http://sites.stfx.ca/residence\_services

# The Admissions Office

5005 Chapel Square admit@stfx.ca

Phone: 1-902-867-2219 Fax: 1- 902-867-2329

http://stfx.ca/prospective/admissions

# Office of the Registrar

3rd Floor Nicholson Tower registrar.office@stfx.ca Phone: 1-902-867-2160 Fax: 1- 902-867-5458

http://sites.stfx.ca/registrars\_office

# All regular mail should be addressed to the relevant university department using the following mailing address:

(department) St. Francis Xavier University, P.O. Box 5000 Antigonish, NS, Canada B2G 2W5

# For courier deliveries:

International Exchange Office Room 204 Nicholson Tower 2329 Notre Dame Ave. St. Francis Xavier University, P.O. Box 5000 Antigonish, NS, Canada B2G 2W5



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Room Assignment Inquiries residence@stfx.ca Martha Drive Phone: (902) 867-5106

Fax: (902) 867-3751

http://sites.stfx.ca/residence\_services

# The Admissions Office

5005 Chapel Square admit@stfx.ca

Phone: 1-902-867-2219 Fax: 1- 902-867-2329

http://stfx.ca/prospective/admissions

# Office of the Registrar

3rd Floor Nicholson Tower registrar.office@stfx.ca Phone: 1-902-867-2160 Fax: 1-902-867-5458

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