

INTERNATIONAL BUDDY PROGRAMME UL GLOBAL



*Buddy Up! Everything
you need to know!*

How does the Buddy Programme Work?

- The Buddy Programme runs in the Autumn and Spring semesters
- We match buddies according to their area of study, hobbies and language capabilities
- Once matched, your UL Buddy will reach out to you via email before you arrive in Ireland!
- From there, get to know your UL Buddy and arrange to have a first meeting together with a nice cup of coffee at the start of the semester.



Why You Need a Buddy!

As with anyone who moves to a new area or enrolls in college, adapting to life can be daunting. Your Buddy will be there from the start to help guide you through your first few weeks as a UL Student, offering support and insider tips about UL.

Your buddy is there to answer any questions you might have about life at UL and Ireland. They're more than happy to answer the little, but important questions!

- What should I pack before arriving in Ireland?
- Where's the best places to eat in Limerick?
- How do I borrow a book from the library?
- How do I join a Club or Society?
- What bus brings me to Limerick/Dublin city?



Why You Should Sign Up

- Your UL Buddy will be the first person you know at UL – this is a fantastic support to have before you even arrive at UL!
- Your UL Buddy will have 2/3 other International buddies, meaning you will get to meet other International students too!
- Your Buddy will be able to teach you all about Limerick, UL and even the Irish culture
- Each semester UL Global hosts exclusive events for you and your buddies.



Hear from some of our past International Buddies:

Jena:

I struggled at first acclimating to campus but my Buddy made sure I always had a friend to reach out to. She was always a text away if ever I had a question.

Carlos:

My Buddy was a great buddy - always caring and willing to spend time to talk about anything! The programme needs more buddies like these. She made adjusting to life here at UL so much easier.



Megan:

My Buddy was just so friendly and made me feel comfortable being here. It was an instant friend in a new campus!

Sara:

He has been super good at picking up tickets for us for events that the Buddy program organises and he was super helpful answering our questions before and after we got to campus!

Axelle:

The Buddy Programme is a great initiative. It was really reassuring to know someone from the area before arriving!

Want to find out more?

To find out more email us at
buddyprogramme@ul.ie or visit our
website www.ul.ie/international



@ULGlobal



@UniversityofLimerickGlobal



@ULGlobal



@ULGlobal