

METROPOLITAN
UNIVERSITY PRAGUE



Exchange
Student Guide
2022/2023



TRANSPORTATION	2
How to get to Prague.....	2
Public Transport in Prague for Students	3
How to get to the university	4
ACCOMMODATION	4
METROPOLITAN UNIVERSITY PRAGUE.....	5
MUP Academic Calendar 2022/2023	5
Courses for exchange students.....	5
Language Courses	6
Sport Courses	6
MUP library and study room.....	6
MUP Buddy Team	6
GENERAL AND PRACTICAL INFORMATION.....	7
The Czech Republic	7
Cost of Living.....	8
Little English-Czech phrasebook	8
In case of emergency	9
MUP contacts.....	10
Metropolitan University Prague - International Office.....	10

TRANSPORTATION

How to get to Prague



By plane

The [Václav Havel Airport Prague](#) (former Prague - Ruzyně Airport) - 50 regular airlines connect Prague directly to about 130 destinations around the world. Prague airport is not far from the city centre and can be reached by bus or taxi.

How to get from the airport:			
Bus line 119	Bus line 100	Airport Express (AE)	Bus line 910
Daytime	Daytime	Daytime	Night
Terminal 1 or 2 - Nádraží Veveslavín	Terminal 1 or 2 - Zličín	Terminal 1 or 2 - Main Railway Station	Terminal 1 or 2 - I.P.Pavlova
Nádraží Veveslavín-Muzeum: 14 mins Metro line A (green)	Zličín - Můstek: 22 mins Metro line B (yellow)	Travel time to Main Railway Station (Hlavní nádraží): 32 mins Metro line C (red)	Travel time to I.P.Pavlova: 42 mins Metro line C (red)
Timetable (CZ)	Timetable (CZ)	Timetable (CZ)	Timetable (CZ)
Basic fare: 40 CZK -tickets are not sold in the bus and trams	Basic fare: 40 CZK -tickets are not sold in the bus and trams	Fare: 100 CZK – tickets sold directly in the bus	Basic fare: 40 CZK -tickets are not sold in the bus



By bus: There is a number of companies (Eurolines, Student Agency, etc.) providing luxury, air-conditioned buses. At present, you can travel to the Czech Republic by bus from practically any country in Europe.



By train: The Czech Republic is well-connected with the European rail network with daily service to many European cities. For more details about travelling by bus and train within the Czech Republic and to neighbouring countries see www.idos.cz.



By car: The driver and all the passengers' seatbelts must be fastened. Use of a mobile phone is not permitted while driving. There are highway vignettes in the Czech Republic. There is a zero tolerance for alcohol policy.



Taxi: One of the safest and least expensive solutions is to order a car through a taxi operator. The fares are usually much lower compared to hailing a taxi in the street (the difference can be up to 10 CZK / km).

AAA Taxi	+420 222 333 222
TICK TACK	+420 721 300 300
Taxi Praha	+420 222 111 000



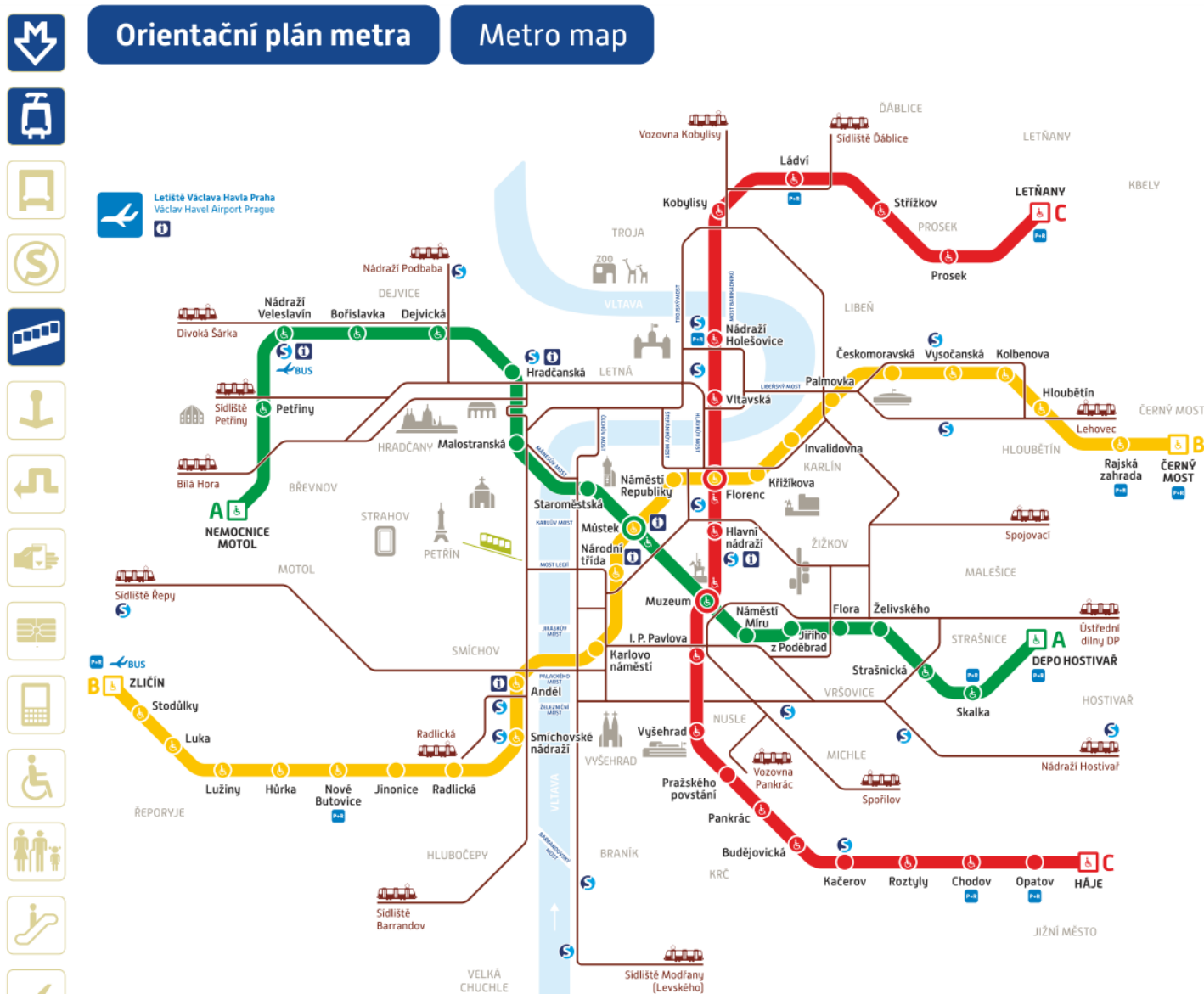
Public Transport: Tickets for public transport tickets can be bought at all metro stations and other [locations](#). Basic tickets are also available at the newsagent's ("trafika" or "tabák" in Czech), info centres, ticket vending machines at selected tram and bus stops.

The orange validation machines print the date and time on the ticket. From this time on the "validity period" of the ticket begins.

The underground runs from 4-5 o'clock in the morning until the midnight (depending on line). At night you can use night buses and trams which run every 20 minutes. For more information visit website www.dpp.cz.

Public Transport in Prague for Students

Prague has a wide network of trams, buses and underground (the “metro”). For more details about public transport please see this [website](#). Here you can find information about the [fares in Prague](#).



Ticket inspection is likely to occur and it is not worth take the risk – if a passenger fails to produce a valid, properly stamped ticket, the fine can be up to 1500 CZK (approx. 61 EUR).

While studying at MUP you can get a long-term pass that is cheaper than buying the ticket every day. For long-term passes you will need a printed photography (35 x 45 mm).

Long-term passes for students (up to 26 years of age; study confirmation is required)	Long-term passes for adults:
30-day pass – 130 CZK	30-day pass – 550 CZK
90-day pass – 360 CZK	90-day pass – 1480 CZK
1-year pass – 1280 CZK	1-year pass – 3650 CZK

You will get the application form and confirmation of study for the long-term pass **at the Orientation Day**. Not before. So if you arrive earlier than to the Orientation Day, you have to buy the normal tickets.

How to get to the university



MUP Main Building in Strašnice

Metropolitan University Prague
Dubečská 900/10
100 00 Prague 10 – Strašnice

In order to get to the main building of MUP in Strašnice where the International Office, Student Services and MUP Library are located, take the green line of the **metro** (line A) to the **Strašnická** or **Skalka** station. It takes less than 10 minutes to walk to the university building from there. You may also take the **tram** no. **7** or **26** to Strašnická or tram no. **22** and **26** to the Radošovická stop. Many buses connect this area with different parts of the city.

All IRES and few International Business courses are held in this building. The International Office is in room 314 on the 3rd floor. The Orientation Day is held here.



MUP Foreign Languages Centre in Jarov

Metropolitan University Prague
Učňovská 100/1
190 00 Prague 9 – Jarov

MUP Foreign Languages Centre is situated at the final stop of **tram** no. **9 Spojevací**. Tram line no. 9 runs via Václavské Náměstí (Wenceslas Square) stop (metro station Můstek, line A and B).

Anglophone Studies, Media Studies and few International Business courses and all language courses (including Czech Language for Foreigners) are held in this building.

ACCOMMODATION

Unfortunately, the Metropolitan University Prague does not have own dormitory and cannot provide housing on campus. In process of finding your accommodation, be careful. We cooperate with some hotels (dormitory style) that offer long-term stays in Prague:

DOPLNIT The Fizz Prague, private accommodation facilities (Skalka

Residence: <https://www.skalkaresidence.cz/>, Riverside Student

Apartment: <https://www.acronapartments.com/en/riverside-student-apartments>, Belgická

Apartments: <https://belgickaapartments.cz/>, Rooms5: <http://www.rooms5.com/en/>,

Zeitraum: <https://www.zeitraum.re/#zeitraum>), dormitories of public universities and apartments to rent via real estate agencies.

TVM dormitory/TVM TOWER, Kutilova 3061/2, Praha 12, www.tvmtower.cz - long-term accommodation in a dormitory in double rooms

<https://www.facebook.com/TVMStudentResidence/>

double room/ one person/ 5900czk

single room/ one person/ 7900czk

Botic Student House (<https://www.shbprague.com/main>)

- double room for 8400 CZK / 1 month / 1 person

DC Residence (www.dcrezidence.cz)

- single room for 8800 CZK, double room for 10100 CZK / 1 month / 1 room (2 people)

Charles University - KOLEJ HOSTIVAŘ (<http://kam.cuni.cz/KAMEN-55.html>)

From the dormitories of public universities Kolej areál Hostivař is the closest to MUP main Building in Strašnice (7 minutes by tram + 6 minutes on foot).

Price per month and room (including utilities, internet and regular bed linen change, washing machines and dryers, student canteen): - Double room: 3.390 CZK

DORMITORIES OF PUBLIC UNIVERSITIES

Please be aware that the capacities are limited and accommodation is not secured:

Charles University in Prague - kam.cuni.cz

Czech Technical University / <https://www.cvut.cz/en>

University of Economics in Prague - accommodation.vse.cz

University of Chemistry and Technology - www.vscht-suz.cz/en/accommodation

FURTHER CONTACTS

studentflats.cz

www.student-room-flat.com

www.expats.cz

www.erasmusinprague.com/

METROPOLITAN UNIVERSITY PRAGUE

MUP Academic Calendar 2022/2023

The academic year is divided into two semesters and starts at the beginning of October. Each semester consists of 12 weeks of tuition and is followed by a 5-week examination period.



	Winter Semester:	Summer Semester:
Lecture Period	17 October 2022 - 20 January 2023	27 February 2023 - 19 May 2023
Examination Period	23 January 2023 - 25 February 2023	22 May 2023 - 25 June 2023
Orientation Day	-	-
Public Holidays	Independent Day: 28 October 2022 Freedom and Democracy Day: 17 November 2022	Good Friday: 7 April 2023 Labour Day: 1 May 2023 Liberation Day: 8 May 2023
Christmas/Easter Holidays	-	-
Rector's Days (no lectures are held)	18 November 2022	6 April 2023

Courses for exchange students

All exchange students can choose from both Bachelor's and Master's Degree courses (it is an advantage given to exchange students only) from the lists mentioned here: <https://www.mup.cz/en/international-cooperation/information-for-incoming-exchange-students/courses-in-english/>

MUP CLASSIFICATION SCALE:

- 1 - Excellent: 88 – 100%
- 2 - Very good: 74 – 87%
- 3 - Good: 64 – 73%
- 4 - Fail: 0 – 63%

Every course is allocated **80 minutes** of in-class lecturing per week during the 12 weeks of the semester. Students are expected to dedicate approximately the same amount of time to readings and class preparation.

The complete three-year Bachelor's Degree study programme at Metropolitan University Prague is equivalent to 180 ECTS credits. The complete Master's Degree study programme at Metropolitan University Prague is equivalent to 120 ECTS credits.

Language Courses

Czech Language for Foreigners

Exchange students can attend free of charge the language course Czech for Foreigners. Lectures are held twice a week in MUP Jarov building, Učňovská 100/1.

Foreign Language Courses: English, French, German, Spanish

You may also attend other language courses free of charge. Beside Czech for Foreigners, MUP Department of Foreign Languages offers the following language courses on different levels: English, French, German, Russian, and Spanish. The courses take place in the language classrooms of MUP Jarov building, Učňovská 100/1.

Sport Courses

MUP Sports Club offers MUP and exchange students diverse sport and fitness courses such as ballet for beginners, basketball, beach volleyball, tennis, badminton, fit training, floorball, football, power yoga, Krav Maga. The students pay for attending these courses, and vary every semester. The fee for one lesson is **35 CZK**. MUP Sports Club also organises annual tournaments in beach volleyball, indoor soccer, table tennis and regular skiing, and cycling and hiking trips.



MUP library and study room

The Jiří Hájek Specialised Library is located in MUP Strašnice building and provides study-related services to MUP and exchange students, collects, maintains, and loans specialised literature with respect to the requirements of MUP study programme and their objectives. Students are welcome to use on-line catalogue at (<https://www.mup.cz/en/library/>).

The usual loan period is 14 days.

Adjacent to the library is a study room where you can find work stations equipped with computers. You may use this area to access online study materials, edit your documents, save your files, and scan and **photocopy at the self-service photocopier**.

MUP BUDDY team

Organising of MUP Buddy Team is our way to help incoming exchange students establish social and academic network as soon as they arrive in Prague.

MUP Buddy Team members = Czech students-volunteers are ready to:

- be in touch with exchange students before their arrival via e-mail
- to provide pick-up at the airport / train / bus station
- assist when reporting to the Foreign Police
- arrange necessary documents, e.g. public transport card
- guide you around Prague
- be your friends
- organise events such as trips and cultural Events

GENERAL AND PRACTICAL INFORMATION

The Czech Republic

The Czech Republic or Czechia (in Czech - Česká republika or Česko) is a lovely country in Central Europe. The Czech Republic consists of the historical territories of Bohemia and Moravia and a small part of Silesia.

Area: 78 864 km²

Population: 10.5 million

Official language: Czech

Political system: parliamentary republic

Administrative division: 14 regions

Capital city: Prague (Praha) - Area: 500 km², Population: 1.2 million

Currency: Czech crown (CZK, in Czech Kč)

International calling code: +420

Tips for trips around the Czech Republic

Brno - the second largest town in the Czech Republic

Český Krumlov - nice town in the South Bohemian Region

Český ráj - region of natural beauties, castles, museums and traditional crafts production

Karlovy Vary - spa town

Karlštejn - castle near Prague

Plzeň - town known for its world-famous Pilsner Urquell beer

Terezín - town ill-fated as a „model“ concentration camp for Jews from all over Europe during the WW II

UNESCO World Cultural Heritage Sites in the Czech Republic:

Kutná hora, Lednice – Valtice area , Olomouc, etc.

(For complete lists see this website: www.whc.unesco.org/en/statesparties/cz)

You may find some other tips on these official websites:

<http://www.czechtourism.com/home>

Recommended mountains for winter activities

Beskydy, Jeseníky, Jizerské hory, Krkonoše, Krušné hory, Orlické hory, Šumava

Snow conditions for skiing (downhill and cross-country skiing): www.czech-mountains.eu

Must-see attractions in Prague

Castle District and St. Vitus Cathedral - Hradčany/Pražský hrad a Katedrála sv. Víta

Dancing house - Tančící dům

Charles Bridge - Karlův most

Jewish Quarter Josefov - Židovské město Josefov

John Lennon Wall

Lesser quarter - Malá strana

National Theatre - Národní divadlo

Old Town Square/Astronomical clock - Staroměstské náměstí/Orloj

Petrin hill - Petřín

State Opera - Státní opera

Tower Park Praha - Žižkovská televizní věž

Vyšehrad - Vyšehrad



Wenceslas Square - Václavské náměstí

Museums in Prague: National Museum, Antonín Dvořák Decorative Arts, National Technical Museum, KGB Museum, Jewish Museum, Kafka Museum, and others.

Galleries in Prague: National Gallery, Trade Fair Palace - Contemporary Art, House at the Black Madonna, Trója Chateau, Municipal Library, Old Town Hall, Strahov Picture Gallery, and

For more details see: <http://www.praguewelcome.cz/en/>

Cost of Living

All costs are individual and depend on your lifestyle.

(Accommodation: 4500 – 7000 CZK, Food: approx. 3000 CZK, Free time: 2000 – 4000 CZK)

Prices of Selected Items	CZK	EUR
Loaf of bread	25	1
Milk	20	0,80
Ham (100g)	30	1,20
Butter	40	1,5
Eidam cheese (100g)	20	0,80
Chicken breasts (1kg)	150	6
Sausages (4pcs)	25	1
Eggs (10 pcs)	50	2
Cherry tomatoes	30	1,20
Apples	35	1,40
Bottle of wine	100	4
Beer	15	0,60
Bottle of mineral water	10	0,40
Orange juice	30	1,20

0	nula
1	jedna
2	dva
3	tři
4	čtyři
5	pět
6	šest
7	sedm
8	osm
9	devět
10	deset

Museum, Museum of
Museum of Communism,

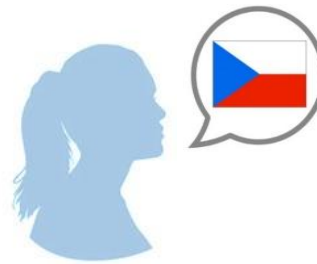
Museum of Modern and
House at the Stone Bell,
others.

Currency Exchange Rates
1 EUR = 27 CZK
1 GBP = 31 CZK
1 USD = 26 CZK

Little English-Czech phrasebook

Hello/Hi	Ahoj/Čau
Good morning	Dobré ráno
Good afternoon	Dobré odpoledne
Good evening	Dobry večer
Good night	Dobrou noc
Goodbye	Na shledanou
Thank you	Děkuji
You're welcome	Není zač
Excuse me	S dovolením
Please	Prosím
Yes	Ano
No	Ne

What's your name?	Jak se jmenuješ/te?
My name is...	Jmenuji se ...
How are you?	Jak se máš?
Do you speak English?	Mluvíte anglicky?
I do not speak Czech.	Nemluvím česky.
I understand.	Rozumím.
I do not understand.	Nerozumím.
Where is...?	Kde je...?
I am lost.	Ztratil jsem se.
Help me please.	Pomozte mi prosím.



I'll have a beer please.	Dám si jedno pivo prosím.
Can we have the bill, please?	Zaplatíme prosím.
I like you.	Líbíš se mi
I love you.	Miluji Tě.
Happy Birthday!	Všechno nejlepší k narozeninám.
The number you are calling does not exist.	Volané číslo neexistuje.

In case of emergency

These telephone numbers are free of charge:

General Emergency Number	112
Ambulance	155
State Police	158
Municipal Police	156
Fire Department	150

Information line **1188** (is NOT free of charge, 15-20 CZK/min)

Major Hospitals:

Fakultní Nemocnice Královské Vinohrady
metro A; bus and tram stop Želivského
Šrobárova 1150, Prague 10,
+420 267 161 111

Všeobecná fakultní nemocnice
metro B; bus and tram stop Karlovo náměstí
U Nemocnice 2, Prague 2,
+420 224 961 111

When going there, you are looking for "Ambulance" or "Centrální příjem"

Medical Emergencies:

Palackého 5, Prague 1	+420 224 949 181
Sokolská 27, Prague 2	+420 224 266 150
Koněvova 205, Prague 3	+420 284 861 979

24-Hour Pharmacies:

Palackého 5, Prague 1	+420 224 946 982
Belgická 37, Prague 2	+420 222 519 731
Vítězné nám. 997/13, Prague 6	+420 224 325 520
Františka Křížíka 22, Prague 7	+420 230 233 910, +420 233 375 599
Plaňanská 573/1, Prague 10	+420 281 019 258, +420 281 019 259

Emergency Dental Service:

(Thomayer Hospital) Vídeňská 800, 140 59 Prague 4 LSPP – Dental Emergency Pavilion B1	Monday – Friday: 17:30 – 22:30 Weekends and holidays: 7:30 – 22:30 +420 261 083 546
(General Teaching Hospital) U nemocnice 2, 128 08 Prague 2 LSPP – Dental Emergency	Monday – Friday: 19:00 – 6:00 Weekends and holidays: Non-stop +420 224 962 723, 224 962 725, 224 963 138

MUP contacts

Metropolitan University Prague - International Office

Contact Address: Dubečská street 900/10, 100 00 Prague 10, Czech Republic

International Office

incoming@mup.cz; International@mup.cz