

Health Sciences Academy Newsletter

Bringing together research, innovation and clinical practice

Issue 8 | November 2023



WELCOME

Welcome to the November edition of the Health Sciences Academy newsletter. Each month, we will share updates in the key areas of education, research and innovation.

Healthcare Professionals Speaker Series at University of Limerick Open Days



Verity Hayes, Miriam McCarthy and Laura Ginty, Health Sciences Academy with Healthcare Guest Speakers. Secondary school Students attending one of the Healthcare Speaker Series talks, at UL Open Days 19-20 October 2023. Maura Fitzgerald with Speakers from Nursing & Midwifery, Public Health Nursing & Occupational Therapy.

For the first time, the Health Sciences Academy took part in the 'UL Open Days' on Thursday the 19th and Friday 20th October at the Health Sciences Building, University of Limerick. It was a great success. Over 600 secondary school students came to hear from Healthcare Professionals across UL Hospitals Group and Midwest Community Healthcare, on their career journey and 'A Day in the Life'. After each speaker, students had an opportunity to ask questions and speak directly with the Health Care Professionals at our HSA stand. Staff from the following disciplines across UL Hospitals and Mid West Community Healthcare presented: Nursing, Public Health Nursing, Midwifery, Occupational Therapy, Physiotherapy, Medicine, GP Scheme, Clinical Psychology, Speech and Language Therapy and Dietetics. We express our gratitude to all the Healthcare Professionals who contributed to the success of this speaker series and look forward to continuing collaborations for future Junior Health Sciences Academy events. [Click here for further information](#)

Register Today for Change Management: Embracing Cultural Inclusivity

Equality & Inclusion Conference 8th November 2023

Change Management: Embracing Cultural Inclusivity
Equality and Inclusion Conference 2023

REGISTER NOW

Wednesday
8th November 2023

1.30pm - 4.15pm
Join us for lunch from 1pm.

3 External CPD Points accredited

Clinical Education and Research Centre (CERC),
University Hospital Limerick

- All Staff Welcome -

This year's Equality and Inclusion Conference will focus on change, inclusivity and staff support against the backdrop of the HSE organisational reform and the development of Regional Health Areas.

This conference has been developed by the HSA Equality and Inclusion Steering Committee

Programme Schedule

Opening Address	13:30
Change Management <i>Ms Lisa McDaid - HSE Organisation Development and Change Practitioner</i>	13:45
Change Management <i>Dr. Moran Anisman Razin - Associate Professor of Work and Organizational Psychology</i>	14:20
Cultural Inclusivity Panel	14:55
Resilience Workshop <i>Mr Frank Guy - Leadership and Performance Coach</i>	15:30
Closing Address <i>Prof Paul Burke - Chief Academic Officer, ULHG / Vice Dean (Health Sciences) UL</i>	16:00

Programme concludes 16:15

[Click here to view the Speakers](#)

EDUCATION



The Health Sciences Academy in conjunction with Limerick & Clare Education & Training Board are hosting Careers in Health, Parent Information Webinar this is a virtual live event. It aims to provide information on careers and programmes of study in health. It will showcase healthcare as an option for further study and career opportunities for secondary school students. We know that parents and guardians are interested in the information that we have shared over the past three years with Transition Year and Fifth Year students on careers in health. This webinar is for school leavers and parents/guardians who are curious to learn more about a career in healthcare, business in health and studying health sciences in University of Limerick. [Register here to join this webinar: Careers in Health Webinar for School Leavers & Parents/Guardians.](#) After registering, you will receive a confirmation email about joining the webinar.

Launch of Progressive Disability Services Learning Resource

This month marks the launch of a unique pilot project to support allied health students who are on clinical placement in Children's Disability Network Teams. This learning resource is novel in its approach to support allied health students, with a range of literature, frameworks and teaching scenarios to support their understanding of family-centered practice. The pilot was successful in securing funding in 2022 from the National Health and Social Care Professions Office, HSE, and has recently secured additional funding to scale it further.



This funding award recognises the value of this learning resource. Following the pilot, the funding will allow it to be scaled to include content relevant to other health sciences students, all the while ensuring the PDS principles are central. Clinician from St Gabriel's, Avista, University of Limerick School of Allied Health, facilitated by the Health Sciences Academy, with content expert guidance, have worked collaboratively to produce this comprehensive learning resource. It is a wonderful example of an Academic Health Science System in action.

The Power of Collaboration:

Building an Academic Health Science System in the Midwest Region Conference

THE POWER OF COLLABORATION:
Building an Academic Health Science System in the Midwest Region

Friday
8th December 2023

9.10am - 16.00pm
REGISTRATION FROM 8.30AM

REGISTER NOW

Keynote Speaker:
Professor David Burn
Director of Newcastle Health Innovation Partners (NHIP),
Pro-Vice Chancellor and Professor of Movement Disorders
Neurology, Newcastle University

NHIP delivers collaborative health and care research, innovation, education and training to improve citizen health, address health inequalities and generate economic growth. This is the principle of an academic health science system which we are developing in the Midwest

Ospidéil OL UL Hospitals
UNIVERSITY OF LIMERICK
HSE MID WEST

Programme Schedule

Opening Address & Introduction	09:10 - 09:35
Executive Panel Discussion <small>ULHG CEO, UL President, ULHG CAO, MWCH CO, Director - Public Health Midwest and TUS President</small>	09:35 - 10:05
Population Health and Science: Integration for Improvement <small>Clinical experts sharing examples followed by panel discussion</small>	10:05 - 11:20
Networking Break	11:20 - 11:40
Education & Innovation: AHSS Building Blocks <small>Clinical experts sharing examples followed by panel discussion</small>	11:40 - 13:00
Grand Rounds Speaker Professor David Burn <small>Director of Newcastle Health Innovation Partners (NHIP), Pro-Vice Chancellor and Professor of Movement Disorders Neurology, Newcastle University</small>	13:00 - 13:50
Lunch	13:50 - 14:35
Research Informing Practice: Impacting Patient Services <small>Clinical experts sharing examples followed by panel discussion</small>	14:35 - 15:45
Closing Address	15:45 - 16:00

Ospidéil OL UL Hospitals
UNIVERSITY OF LIMERICK
HSE MID WEST

MEET THE SPEAKER
THE POWER OF COLLABORATION:
Building an Academic Health Science System in the Midwest Region

Professor David Burn

Professor David Burn took up the position of Pro-Vice Chancellor of the Faculty of Medical Sciences, Newcastle University, UK in 2017. David is also Professor of Movement Disorders Neurology and Honorary Consultant Neurologist for Newcastle upon Tyne Hospitals NHS Foundation Trust. His research has focused on dementia associated with Parkinson's.

Since designation by NIHR and NHS England in March 2020, David has been Director of Newcastle Health Innovation Partners, the Academic Health Science Centre for the Northeast of England and North Cumbria. David is a Fellow of the Academy of Medical Sciences and Emeritus NIHR Senior Investigator. He chaired the NIHR Translational Research Collaboration for Dementia 2017-2023. David has been Chair of the Northern Health Science Alliance Board since July 2018 and was President of the Association of British Neurologists 2019 - 2021. He is President-elect of the International Parkinson and Movement Disorder Society.

Ospidéil OL UL Hospitals
UNIVERSITY OF LIMERICK
HSE MID WEST

RESEARCH

ULMedX is a research collaboration between the Physical Activity for Health Research Centre, in the University of Limerick, UL Sport, Limerick Sports Partnership, UL Hospitals Group, Mid-West Community Healthcare and the Health Science Academy. The overall aim of the research programme is to conduct a pragmatic evaluation of the efficacy and sustainability of a community-based exercise programme for individuals living with chronic disease in CHO3.



Participants of the ULMedX research project.

In April 2024, the ULMedX study began with its first group of participants, and we are now in the process of starting our 6-month data collection with these same participants. Participants are referred to the programme by a Healthcare professional who is part of the cardiac rehabilitation teams based in Limerick, Ennis, and Nenagh. We are assessing the effectiveness of attending twice weekly supervised exercise classes on improving participants physical health, psychosocial health, physical activity levels and mediators of physical activity. Programmes take place in UL Sport and in Moyross Community Enterprise Centre, in conjunction with Limerick Sports Partnership. Through the combination of education and exercise, it's hoped this programme will support participants to be empowered to manage their own chronic condition, create social support networks and improve their quality of life.

The project aims to move forward and create programmes for Type 2 diabetes participants, and pulmonary participants in 2024. If you have any inquiries about the project or ongoing work, please contact [Daire Fitzmaurice](#).

University of Limerick Innovation Award 2023

Professor Austin Stack Professor and Foundation Chair of Medicine, School of Medicine, UL & Consultant Nephrologist UL Hospitals said *"Our fabulous clinical team at UL Hospitals Dialysis Programme with super researchers at the University of Limerick, School of Design were delighted to receive a UL Innovation Award 2023 for a new catheter securement device. This new medical device allows catheters to be firmly secured in haemodialysis patients and improves overall quality of life. Super collaboration between UL School of Medicine, UL Hospitals, Rapid Innovation Unit & Irish Nephrology Society with great results!"*



Dr Margaret Lawlor, Prof Norelee Kennedy, Prof Austin Stack, Dr Aidan O Sullivan, Prof Leonard O Sullivan, Prof Shane Kilcommins

INNOVATION

Student Immersion to Support Innovation

Students from the [MSc Design for Health and Wellbeing](#) in the School of Design at UL in 2022 worked with the Patient Experience Committee in University Hospital Limerick to develop creative solutions to improve communication with patients.

We are delighted that the students are returning this October and November to support staff in Paediatric Outpatients and UMHL. They meet with staff, observe work flows and identify opportunities to improve both patient and staff experience. Applying their creativity and design skills, they will identify innovative solutions to current challenges. We look forward to sharing their designs with you as the academic year progresses.

If you would like to register your interest for 2024, please contact [Miriam McCarthy](#), Health Sciences Academy Manager.



Students from the MSc Design for Health and Wellbeing Klara Moylan, Siobhan Tobin, Michelle Howard Student & HSCP SPARK fellow, Eoin Kenny, Caroline Griffin with Kellie Morrissey, Lecturer & Louise Kiernan Course Director.

One of the Students tweeted that she was *"Buzzing with ideas after a 2 day immersion at UHL designing for Health and Wellbeing. Another great opportunity for learning and connecting thanks to Health Sciences Academy & UL."*

UPCOMING EVENTS



Postgraduate Open Day at University of Limerick
 UL are hosting an in-person Postgraduate Open Day on Thursday 9th November 2023.
[Register Here!](#)

Sylvester O'Halloran 2024
 Perioperative Symposium
Call for abstracts
 ALL ABSTRACTS MUST BE SUBMITTED ONLINE
www.soh.isrs.ie
 The deadline for abstract submission for SOH2024 is 19th November 2023
 Sessions: Clinical GI, Cardiology, Colorectal, Scientific, Gynaecology, Radiology, Clinical Breast, General Surgery, Orthopaedic, Anaesthetic, ENT/Head & Neck, Prostate, Video Session, and Pediatrics.

Join us on board
 Croom Orthopaedic Hospital
 24th November 8.00am - 5.00pm
 Register today!
 ORTHOPAEDICS LEARN AS ONE

YOUR IDEAS CAN GIVE TIME BACK TO STAFF
 Up to €3000 in Seed Funding available
CALL FOR IDEAS
 The Midwest Innovation in Healthcare Steering Committee are keen to foster creativity in the Midwest and develop any solutions that can help give time back to healthcare staff. This time can be reinvested in patient care, staff wellbeing or education and training. Your solution might include a process innovation, lean transformation or the automation of tasks through digitisation. The HSE Spark Innovation Programme are proud to support this initiative.
 Opening Date: 13th November Closing Date: 12th January
 Open to Multidisciplinary applications
[Click here for more information and details on how to apply](mailto:innovationinhealthcare@hse.ie)
innovationinhealthcare@hse.ie

Events at Clinical Education & Research Centre (CERC), UHL

10th November	Grand Rounds	Dr Neasa Starr, Consultant Cardiologist, UL Hospitals	1pm - 2pm
8th November	<i>Change Management: Embracing Cultural Inclusivity Conference</i>	<ul style="list-style-type: none"> Dr Moran Anisman-Razin, Associate Professor in Work and Organisational Psychology, Kemmy Business School, University of Limerick, Visiting Research Scholar Behavioral Science, Policy Center Duke University, Work & Organisational Psychologist Frank C. Guy, Leadership and Performance Coach Lisa McDaid, HSE National Organisational Development & Change 	1pm - 4.15pm
17th November	Grand Rounds	Dr Ronan Glynn, EY Ireland Health Sector Lead	1pm - 2pm
24th November	Grand Rounds	Dr Paul O'Connell, Forensic Psychiatrist, Trinity College Dublin	1pm - 2pm
1st December	Grand Rounds	Ms Siobhan Egan, Clinical Research Operations Manager, Clinical Research Support Unit, Health Research Institute	1pm - 2pm
8th December	<i>The Power of Collaboration: Building an Academic Health Sciences System in the Mid West Region Conference</i>	Professor David Burn, Director of Newcastle Health Innovation Partners, Pro-Vice Chancellor & Professor of Movement Disorders Neurology, Newcastle University with a host of Clinical, Academic and Executive Leaders from the Mid-West.	9.30am - 4pm