

# Health Sciences Academy Newsletter

Bringing together research, innovation and clinical practice

Issue 9 | December 2023



## WELCOME

Welcome to the November edition of the Health Sciences Academy newsletter. Each month, we will share updates in the key areas of education, research and innovation.

## THE POWER OF COLLABORATION: Building an Academic Health Science System in the Midwest Region



Friday  
8th December 2023



Clinical Education and  
Research Centre (CERC)  
University Hospital  
Limerick



9.10am - 16.00pm  
REGISTRATION FROM 8.30AM



CPD Accreditation  
RCPI - 6 Points  
RCSI - 5 Points



SCAN HERE

### Keynote Speaker: Professor David Burn

Director of Newcastle Health Innovation Partners (NHIP),  
Pro-Vice Chancellor and Professor of Movement Disorders  
Neurology, Newcastle University

*"NHIP delivers collaborative health and care research, innovation, education and training to improve citizen health, address health inequalities and generate economic growth".*

This is the principle of an academic health science system which we are developing in the Midwest.



## Programme Schedule

Opening Address & Introduction	09:10 - 09:35
<b>Executive Panel Discussion</b> <i>ULHG CEO, UL President, ULHG CAO, MWCH CO, Director - Public Health Midwest and TUS President</i>	09:35 - 10:05
<b>Population Health and Science: Integration for Improvement</b> <i>Clinical experts sharing examples followed by panel discussion</i>	10:05 - 11:20
Networking Break	11:20 - 11:40
<b>Education &amp; Innovation: AHSS Building Blocks</b> <i>Clinical experts sharing examples followed by panel discussion</i>	11:40 - 13:00
✦ <b>Grand Rounds Speaker</b> ✦	13:00 - 13:50
<b>Professor David Burn</b> <i>Director of Newcastle Health Innovation Partners (NHIP), Pro-Vice Chancellor and Professor of Movement Disorders Neurology, Newcastle University</i>	
Lunch	13:50 - 14:35
<b>Research Informing Practice: Impacting Patient Services</b> <i>Clinical experts sharing examples followed by panel discussion</i>	14:35 - 15:45
Closing Address	15:45 - 16:00



## The Power of Collaboration:

### Building an Academic Health Science System in the Midwest Region Conference

We are looking forward to what is set to be a hugely insightful conference here at CERC UHL on 8th December. Professor David Burn will share his expertise in the field of establishing an Academic Health Sciences System in his keynote speech which will also be the Grand Rounds on the day. With the Executive Panel discussion and Research informing Practice sessions due to bring real day to day practice and established research into the conversations. All staff across UL Hospitals, UL, Public Health and Midwest Community HSE are very welcome to come along to this upcoming conference.

**Register by 6th December 2023 to secure your place**

# EDUCATION

## Change Management: Embracing Cultural Inclusivity Equality & Inclusion Conference 8th November 2023



Miriam McCarthy, Manager Health Sciences Academy with guest speakers Frank C Guy, Lisa McDaid and Dr Moran Anisman-Razin. Health Sciences Academy Team, Dr Claire O'donnell and Maura Fitzgerald, moderators on the days. Panel Guest Speakers Dovile Lee, Shyna Kurian, Dr Joyce Tan, Dr Junaid Rasul Awan and Toland Eddy. Dovile Lee, Professor Paul Burke, Chief Academic Officer UL Hospitals & Vice Dean (Health Sciences) & Shyna Kurian. Staff attending the conference and enjoying lunch. [@HSEchange\\_guide](#) [@LisaDaid](#) [@moran](#) or <http://Frankguy.com> [@PaulBurkeCAO](#) [@HealthSciAcadLK](#) [@CommHealthMW](#) [@UL](#) [@ULHospitals](#)

Health Sciences Academy Equality and Inclusion Steering Committee hosted the second Equality and Inclusion Conference entitled "Change Management: Embracing Cultural Inclusivity" on 8th November 2023 at the CERC Auditorium, UHL. This year's event focused on change, inclusivity and staff support against the backdrop of the HSE organisational reform and the development of Regional Health Areas. Guest Speakers on the day were Dr Moran Anisman-Razin, Associate Professor in Work and Organisational Psychology, Kemmy Business School, University of Limerick & visiting Research Scholar Behavioural Science and Policy Centre Duke University; Ms Lisa McDaid, HSE Organisation Development & Change Practitioner, Mr Frank Guy Leadership & Performance Coach and panel speakers: Dr Joyce Tan, Shyna Kurian, Dovile Lee, Toland Eddy & Junaid Rasul Awan sharing their experiences on inclusivity. The interactive Q & A session and Panel sessions were hugely popular with attendees and drove topical and insightful conversations around Change Management. Our colleagues very own stories added impactful practical facets to the event and follow up conversations as a whole. Thank you to all the Healthcare Professionals who contributed to the success of this conference and we look forward to continuing collaborations for future Equality and Inclusion events. If you missed the conference and may wish to watch some or all of it you may view it on our website by [clicking here](#).

## Public and Patient Involvement (PPI) at NAPCRG Conference 2023

The UL PPI Ignite team had the opportunity to travel to the North American Primary Care Researchers Group (NAPCRG) conference in San Francisco, USA, in October, showcasing the collaborative work undertaken to develop PPI capacity. Miriam McCarthy, Manager Health Sciences Academy, with colleagues Dr Jon Salsburg, Prof Anne McFarlane, Lorna Kerin, Denia Claudino and Anna Papyan, delivered a workshop for attendees, entitled "Changing the landscape: Building capacity for patient & community involvement: Experiences from the US & Ireland".

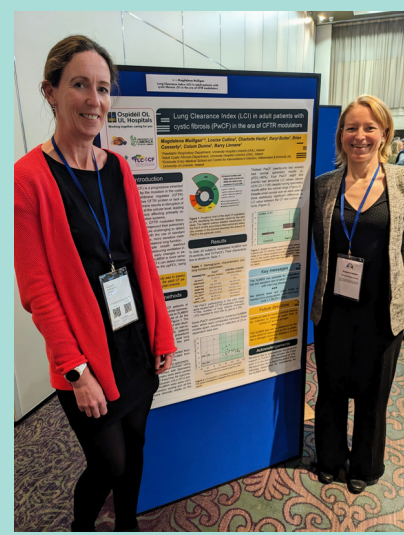


Miriam McCarthy, Manager Health Sciences Academy co delivering workshop @NAPCRG



## RESEARCH

Louise Collins, Clinical Specialist Physiotherapist Adult Cystic Fibrosis, UHL and Magdalena Mulligan, Research Scientist both gave oral presentations on their posters at last months Irish Thoracic Society (ITS) Conference: “*Frequency of Spontaneously Expectorated Sputum Samples in Adult People with Cystic Fibrosis, Pre vs Post Elexacaftor/Ivacaftor/Tezacaftor Initiation*”, Michael Lindsey, Louise Collins, Prof Brian Casserly, Department of Physiotherapy, University Hospital Limerick, and “*Lung Clearance Index (LCI) in adult patients with cystic fibrosis (PwCF) in the era of CFTR modulators*” Magdalena Mulligan, Louise Collins, Ms Charlotte Hanly, Dr Daryl Butler, Prof Brian Casserly, Prof Colum Dunne, Prof Barry Linnane.



## INNOVATION

**National Innovation Meeting @Rapid Innovation Unit Limerick 28th November 2023**

RIU & the Midwest Innovation Committee were delighted to host the recent meeting of the National Innovation Network. Healthcare innovators from academia, public health and hospitals collaborating to improve patient-centredness and solution-focused care in health and social care.

Colleagues at the National Innovation meeting, RIU 28/11/2023



## Interprofessional Education Series @Simulation Lab UHL

Interprofessional education is an important part of preparing health sciences students for post-registration working in multi-disciplinary teams. It is generally considered that when healthcare professionals share aspects of their education, this will also result in improvements to patient care because the qualified professionals will communicate more effectively, and understand each others' roles more clearly. The Health Sciences Academy provide an important focus for Inter-professional education.



Students & Facilitators at the Interprofessional Education Series, Simulation Lab, CERC, UHL.

The 3rd IPE Simulation Case Study for Multidisciplinary health sciences students on placement at UHL took place at the Simulation Lab, CERC UHL on 24th November 2023. Multiple students who participated provided feedback saying they felt most engaged in the session during the MDT Meeting & Simulation and they would like to attend future IPE events. The next IPE event is planned to take place in March 2024.



School of Design

### Student Immersion to Support Innovation

In November, students from the MSc Design for Health and Wellbeing in the School of Design at UL were welcomed by the team at UMHL. Priyanka Puthanveetil and Ayuko Yoshida met with staff, observed work flows with the aim of identifying opportunities to improve both patient and staff experience. Applying their creativity and design skills, they plan to identify innovative solutions to current challenges. We look forward to sharing their designs with you as the academic year progresses.

If you would like to register your interest for 2024, please contact Miriam McCarthy, Health Sciences Academy Manager.



# UPCOMING EVENTS



**MIDWEST INNOVATION CALL:  
DO YOU HAVE AN  
INNOVATIVE IDEA THAT  
COULD GIVE TIME BACK TO  
HEALTHCARE STAFF?**

Up to €3000 in Innovation Funding available for healthcare workers with winning proposals!

Closing Date: 12th January 24



[Submit your ideas here](#)



**HSE Spark Innovation Programme Introduction to Design Thinking, December 6th 2023.** This free online workshop is split into two parts and is run every 2 months. It is advisable to undertake Part 1 before Part 2.

Part 1: A 3.5 hour Morning session 9.30 - 13.00 introduces you to Design thinking, a user centered methodology to problem solving and innovation exploring the process, tools and mindset of design thinking in an interactive online session. The first and most critical step is understanding the needs of each user a key stakeholder. This introduces a number of the most useful and popular methods for this first phase of work.

Part 2: afternoon session; 14.00 - 17.00 how to do the perfect pitch, influencing your key stakeholders to support your innovative idea. [Click here for more information.](#)

The Health Sciences Academy is pleased to organise the upcoming UL Upskilling Information stands at both UHL 7th December and Nenagh Hospital 6th December 2023. The roadshow will go to the additional hospital sites within the UL Hospitals Group in Spring 2024. [Click here to register your interest](#) and or pop over to one of the stands to chat to the UL staff about post-graduate courses in Nursing and Midwifery as well as LEAN and healthcare management.. [Browse the programmes here.](#)



The University of Limerick will be hosting upcoming information sessions focused on part-time upskilling opportunities for professionals working in healthcare.

The sessions will be at the following location:

**Wednesday, 6th December 2023, 9:30 - 14:00**  
Opposite Cardiac Department, **Nenagh Hospital**

**Thursday, 7th December 2023, 10:00 - 13:30**  
CERC Entrance Corridor, **University Hospital Limerick**



Scan the QR code to browse our programmes or contact [Helen.Brown@ul.ie](mailto:Helen.Brown@ul.ie)



## Events at Clinical Education & Research Centre (CERC), UHL

15th December	Grand Rounds	Professor Colette Cowan, UL Hospitals Group	1pm - 2pm
19th January 2024	Grand Rounds	Dr Aoife Leahy, Consultant Geriatrician, UL Hospitals Group.	1pm - 2pm