

Health Sciences Academy Newsletter

Bringing together research, innovation and clinical practice

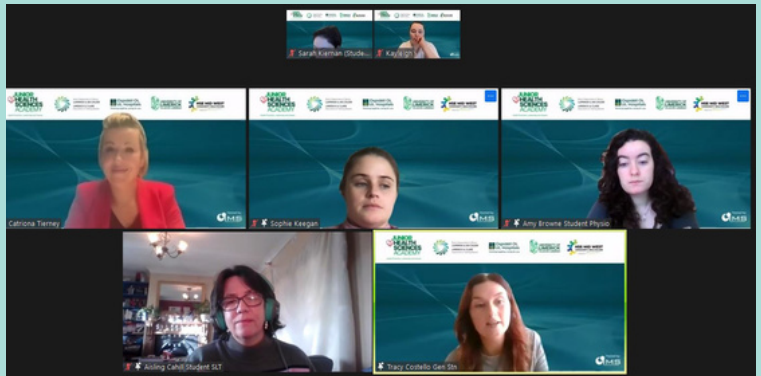
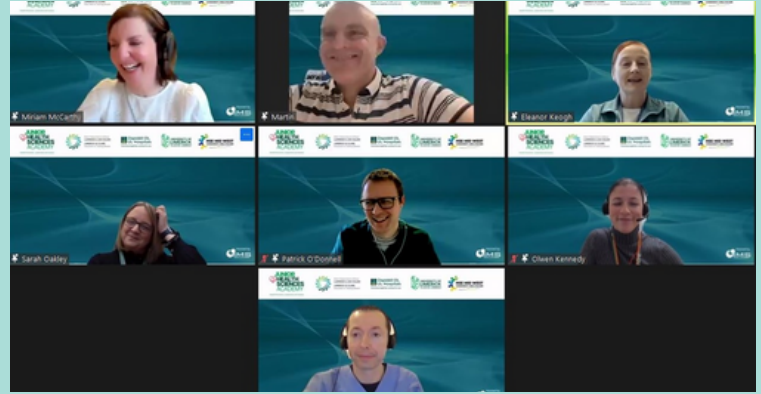
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WELCOME

Welcome to the February edition of the Health Sciences Academy newsletter. Each month, we will share updates in the key areas of education, research and innovation.

Early Careers Event 2024



Students from Killaloe Community College, Coláiste Chiaráin, Castletroy College, Gaelcholáiste Luimnigh, Mungret Community College, Miriam McCarthy, Health Sciences Academy Manager & Louise Carroll, Senior Physiotherapist at Castletroy Primary Care Centre gathered at the launch of Early Careers Event 2024. Students and colleagues who took part in Early Careers Event.

This virtual event took place over three separate dates and was hosted by the Health Sciences Academy in collaboration with the Limerick and Clare Education & Training Board, and supported by the Limerick Education Support Centre. The live webinar is focused on students in post-primary schools. It aims to provide information on healthcare as an option for further study and as a career. During day 1, 30th January; *Community Health Services for People experiencing Homelessness and/or Addiction*, we heard from Assistant Director Public Health Nursing, GP, Occupational Therapist, Respiratory Physiologist, Pharmacist and Outreach Worker. Followed by university-based Medicine, Midwifery & OT students explaining 'a day in the life', career journey and advice on subject choices. The STEMI Patient Journey video was also played to hugely positive feedback.

Day 2, 1st February; *Caring for our Families (Paediatrics and Stroke in Older Persons)* we heard from a Paediatric Physiotherapist, Neuro-Disability Nurse, Senior Occupational Therapist, Social Worker, Senior Educational & Child Psychologist, Speech & Language Therapist, Dietician, Paramedic, Clinical Nurse Specialist in Stroke & a patient who had a stroke. Also Students in Paramedics, Nursing, Speech & Language, Physiotherapy, Human Nutrition and Dietetics shared their hugely insightful career choices. 7th February, day 3; *Business in Health* showcased Human Resources, Finance, Biomedics, former UL Co Op and MTU Gradlink Students who are now in their careers in healthcare. The event closed with keynote speaker *Jack Kavanagh Pharmacist, Speaker & Non Exec Director* building on the success of last year's Early Careers Event. **Full recordings will be available on www.ul.ie/hsa from 9th February 2024.**

Laparoscopic Simulator Training Station

The Laparoscopic Simulator Training Station, which has been funded by NDTP, is available for use in the Computer Room, Library, 1st Floor Clinical Education & Research Centre, University Hospital Limerick. No prior booking required.

Simulator with video led laparoscopic exercises is popular with students who wish to practice their clinical skills in a simulated session which provides hugely popular learning and practice experiences.

For more information contact: sarah.carroll@ul.ie and/or paul.tibbitts@ul.ie



RESEARCH

Improving across system boundaries: the theme for this year's Q Exchange

For Q Exchange 6, members are invited to put forward project proposals focusing on the question:

How can we improve across system boundaries?

Q Exchange are looking for proposals that involve two or more parts of the health and care system and focus on improving the quality and efficiency of the interface between different sectors. For example: care at home, primary care and the community sector.

Projects should relate to one or more of the following areas:

- Reducing waits sustainably and equitably.
- Increasing productivity and reducing waste.
- Boosting the culture, capabilities and structures needed for learning and improvement.
- Embedding improvement into management systems and processes.



Sign up to Q Exchange's online event, on Monday 19 February 2024 to learn more about the application process.

INNOVATION

Ann Marie Kiernan, Chair of the Mid-West Innovation in Healthcare Committee, is delighted to announce that the recent Innovation Call for ideas to "give time back to staff" received an incredible **24 applications!** The Committee wish to thank all applicants for their applications to the recent Innovation Call. This response to the inaugural Mid West specific call, which saw applications from across many different departments and disciplines is a true testament to the ingenuity and dedication of our healthcare community in the Midwest.

Applicants have been informed that shortlisting is currently underway with the reviewing panel from the Midwest Innovation in Healthcare Committee. Shortlisted applicants will be invited to the upcoming "Design Thinking Workshop" on 6th March 2024, Hueston Hall, Raheen Business Park, facilitated by **Martin Ryan, Actionable Design Consultancy and the National College of Art and Design.**

A pitching event will take place in early April in the Auditorium, CERC, UHL. Where the winning team will be awarded €3,000 in seed finding, sponsored by HSE Spark Innovation Programme, to help to bring the idea to life!

The Spark Innovation Programme is now providing a range of workshops to assist frontline staff in their innovation journey. If you wish to find out more about design thinking check out **Design thinking Inspiration with Trevor Vaugh.** It is a 1.5 hour stand alone workshop (online) to inspire frontline healthcare staff of all levels to learn more about design thinking. The next Online workshop is on **14th February 2024 - To find out more and secure your place please click here.**



Martin Ryan,
Actionable Design
Consultancy and the
National College of
Art and Design.

UPCOMING EVENTS

2024 NCHD Conference

Clinical Education and Research Centre
University Hospital Limerick

Thursday the 16th May 2024



Call for abstracts open: 29th February 2024

Closing date for abstracts: 11th April 2024

We are inviting all NCHDs to submit Research, Audit, and Quality Improvement abstracts from their training year (2023/24) at **UL Hospitals Group**



For any queries, please contact:
TrainingLeadULHospitals@hse.ie

Events at Clinical Education & Research Centre (CERC), UHL

9th February 2024	Grand Rounds	Dr Martin Neary, Army Medical Officer	1pm - 2pm
16th February	Grand Rounds	Mr Greg Fulton, Vascular Surgeon CUH	1pm - 2pm
23rd February	Grand Rounds	Dr Hannah Forde, Consultant Endocrinologist, Beaumont Hospital.	1pm -2pm