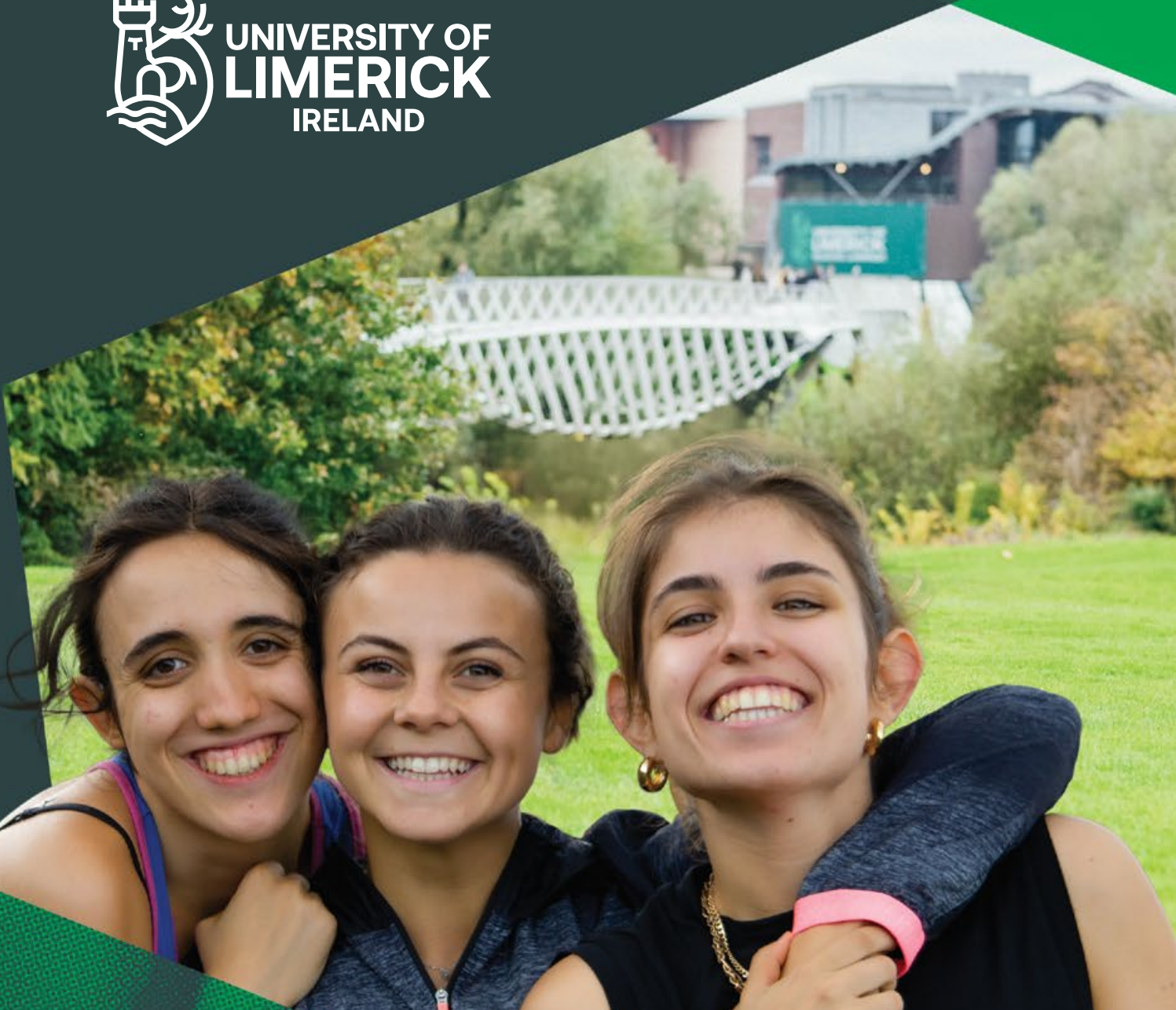




UNIVERSITY OF  
**LIMERICK**  
IRELAND



# Study Abroad

@ UNIVERSITY OF LIMERICK



**The ideal destination  
for students  
seeking a unique &  
rewarding student  
experience abroad.**

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# University of Limerick (UL)

is located in the *Wild Atlantic Gateway* city of Limerick on the *west coast* of Ireland.

With over 18,000 students, including more than 3,300 internationally mobile students each year, UL is an independent research-led university offering undergraduate and postgraduate programmes across Arts, Humanities and Social Sciences, Education and Health Sciences, Science and Engineering and the Triple Accredited (including AACSB) Kemmy Business School.

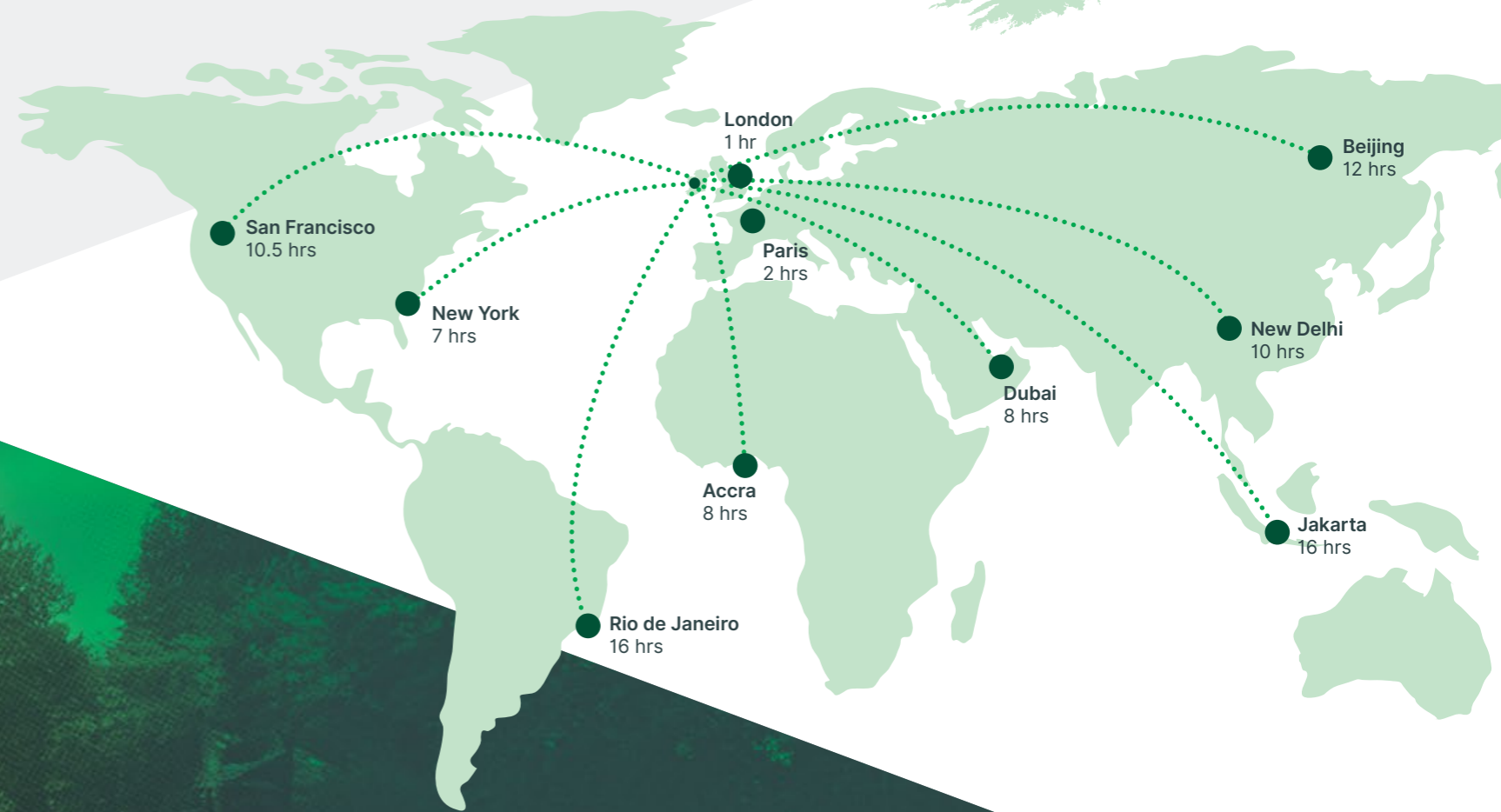
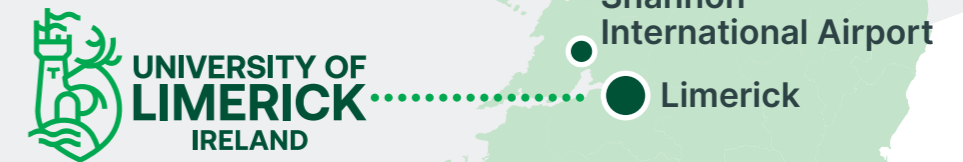
Cafés, restaurants and student accommodation options and a range of on-campus facilities provide an outstanding student experience and a stimulating working environment.

As one of Ireland's foremost universities, UL is recognised for its dedication to an **outstanding student experience**, commitment to graduate employability and its research with societal impact making fruitful an extensive network of partnerships with industry, government and communities, nationally and internationally.

Known as 'Ireland's Sporting Campus', UL boasts Ireland's first altitude training centre, an Olympic-sized swimming pool, climbing wall and the National Strength and Conditioning Centre as well as a host of new all-weather state-of-the-art 3G pitches. This network of pitches gives UL the largest artificial grass development in Europe and the Sports Arena attracts more than 700,000 visitors each year.

## Limerick and Ireland Just a flight away...

- Limerick is 30 minutes from Shannon International Airport
- Limerick is Ireland's 3rd largest city
- Ireland is one of the few English-speaking countries in the European Union





# University of Limerick at a Glance

## Why Choose UL



**Awarded a Green Campus Status for energy, travel, transport and biodiversity**  
Foundation for Environmental Education



**Best Student Accommodation**  
Education Awards, 2024

**No. 1 in Ireland for Overall International Student Happiness**  
International Student Barometer, 2024



**Ranked No. 1 Globally for International Student Support – UL Global Office**  
International Student Barometer, 2024



## Meeting our Sustainable Development Goals



**Ranked 31<sup>st</sup> for SDG8:**  
Decent Work & Economic Growth



**Ranked 17<sup>th</sup> for SDG12:**  
Responsible Consumption and Production



**Ranked 25<sup>th</sup> for SDG10:**  
Reduced Inequalities



**Ranked 45<sup>th</sup> for SDG17:**  
Partnership for the Goals  
**Top ranked university in Ireland**  
*THE Impact Rankings 2023*

**UL is also ranked in the top 100 for:**  
**SDG5:** Gender Equality  
**SDG3:** Good Health and Wellbeing  
**SDG11:** Sustainable Cities and Communities





### No. 1 in Ireland for:

- International Student Satisfaction
- Arrival & Orientation
- Learning Support
- Library Facilities
- Forming International Friendships
- Campus Environment
- Value for Money

*International Student Barometer, 2024*

### QS World University Rankings 2024 — Subject Rankings



<b>51–100</b>	Sports-related Performing Arts Nursing
<b>100–150</b>	Education English Language & Literature
<b>201–250</b>	Modern Languages Chemical Engineering Mechanical, Aeronautical & Manufacturing Engineering Psychology
<b>251–300</b>	Linguistics Law & Legal Studies
<b>351–400</b>	Chemistry Electrical & Electronic Engineering Business & Management Studies
<b>451–500</b>	Computer Science & Information Systems



# Ireland

## A Home from Home

Ireland is renowned for its **warm hospitality, rich cultural heritage, and breathtaking landscapes**. It's also famous for its traditional music, literature and of course, its friendly people and lively music and dance culture.

With top universities and a growing tech industry, Ireland is an ideal destination for students seeking a unique and rewarding student experience abroad.

- **3rd most peaceful place in the world** (QS Global Peace Index, 2023).
- Irish qualifications are recognised for **excellence worldwide**.
- European Headquarters for **Google, META, LinkedIn, Apple and Pfizer**.
- **35,000 international students from 161 countries** enjoy Ireland's vibrant culture (Education in Ireland)

# Limerick

## An Authentic Irish Experience

Limerick city, situated in the picturesque Shannon region of Ireland, is a **vibrant and historic city** known for its warm and welcoming atmosphere.

Boasting a rich cultural heritage, Limerick offers students a blend of traditional charm and modern amenities. From its medieval landmarks like King John's Castle to its lively arts scene and bustling cafés, Limerick has something for everyone.

Limerick is safe and global; famed for the friendliness of its people as much as its eclectic food scene, legendary nightlife and dynamic student community.



- A diverse city, home to more than **150 nationalities**.
- More than **24,000 student population**, including international students from more than 100 countries.
- Limerick is a **UNESCO City of Learning** since 2017.
- A vibrant, cultural city with more than **110 festivals, 9 museums, 8 theatres and 3 cinemas**.
- Limerick is developing into **Ireland's leading carbon neutral economy**.
- **Fastest-growing region in Ireland for foreign direct investment outside** of the capital city of Dublin.
- Many global companies are based in Limerick including **Uber, Johnson & Johnson, Regeneron, Analog Devices, Dell, Stryker and Northern Trust**.



**Limerick city is located 20 kilometres from Shannon International Airport, which has full US customs pre-clearance.**

Shannon International Airport offers daily services to the US, UK and mainland Europe.

# Study Abroad at University of Limerick

## Meet the Study Abroad Team



**Katherine Martin**  
Study Abroad Manager



**Ailish Barry**  
Freshman Programme  
and Summer School  
Coordinator



**Charlie Cunningham**  
Curriculum Development  
and Experiential Learning  
Coordinator



**Sarah Butler**  
Study Abroad  
Admissions Officer

University of Limerick offers students from around the world  
an unforgettable Study Abroad experience.

Studying abroad is a unique time in your education and at University of Limerick, we want to be as flexible as possible to ensure our incoming Study Abroad students have the option to make the most of their experience while studying with us.

- Flexible learning where you can select from a **broad range of subjects** from across our four faculties.
- **Full class integration** coupled with academic support.
- A **dedicated Study Abroad support team** to help you get the most from your time in UL.

	Autumn Semester	Spring Semester
<b>Orientation</b>	Early September	Late January
<b>Classes</b>	September – December	January – April
<b>Examinations</b>	December	May
<b>Winter/Spring Break</b>	December – January	April



Unlike any other place I have experienced in my life, UL exists at the top of the list in terms of welcomeness, excellence, and enjoyment. It really is more than just a place of study. For me, UL is my home away from home. That is not to say the University is a walk in the park — though, it's campus could quite literally be considered a haven.

**Charlie Juckniess**

Creighton University



# What Can I Study?

## Arts, Humanities and Social Sciences

The faculty of Arts, Humanities and Social Sciences at University of Limerick offers a wide range of subjects across seven academic departments and the University of Limerick Language Centre. Students can choose classes in Irish language, history, culture and music as well as an accredited practicum that links students directly with the Limerick community. Journalism and media students have the opportunity to use our recording studios, newsroom and editing suites, which are all equipped to the highest standards.

## Education and Health Sciences

If you're interested in studying in the medical and allied health professions, you'll find some of the most progressive programmes in these fields here at UL. UL nursing and midwifery students have access to world-class facilities, including a midwifery suite. Our labs simulate hospital wards and healthcare spaces, allowing you to get a sense of what it's like to work in the field. Similarly, we are known for our extensive sport and fitness facilities available to students studying in areas like health and fitness, sport science and coaching.

## Kemmy Business School

The Kemmy Business School is one of the largest business schools in Ireland and has been awarded Triple Crown accreditation, placing it in the top 1% of international business schools in the world. The Kemmy Business School, or KBS, offers a wide range of business and management education programmes. In addition to modern lecture theatres and study spaces, the building also has a Wall Street style trading floor, the first of its kind in Ireland. The school welcomes Ireland's top business leaders and entrepreneurs regularly for guest lectures and events, which are held in its 350-seater main lecture theatre.

## Science and Engineering

The University leads the way in innovation in science and engineering programmes and has a long history of industry collaboration for teaching and research. UL is home to the famous Bernal Institute, which consists of four research areas – a dream for budding scientists and engineers. UL students have gone on to win many awards, including the national leg of the James Dyson Award. Our science and engineering faculty offers a multitude of high-tech facilities, including Ireland's only academic flight simulator, the 'ATP' which is a unique robotic machine in Ireland, and the Titan Themis Microscope – one of the world's most advanced instruments.



Being an international student studying at the University of Limerick has been the experience of a lifetime. Besides having the opportunity to study at such an amazing institution, one of the best things to come from studying abroad is travelling around the beautiful country that is Ireland.

**Lily Yang**

University of North Carolina at Chapel Hill





# Courses

At UL, courses are called modules. Study Abroad students can **ONLY** choose courses/modules from our **Module Booklet**. There is a separate booklet for **Autumn** and **Spring** semesters. Typically, the information provided in the UL **Online Book of Modules** will suffice if you need to have the class pre-approved by your home university. However, should you require further information, please contact us at [study.abroad@ul.ie](mailto:study.abroad@ul.ie) and we can contact the course leader on your behalf.

## Faculty

## Area of Study

### Arts, Humanities & Social Sciences

History  
Geography  
Law  
Politics & Public Administration  
Languages & Linguistics  
English  
Communications & Journalism  
Irish Studies  
Sociology  
Music & Dance

### Education & Health Sciences

Education  
Physical Education & Sports Science  
Nutrition  
Pre-Med Pathway  
Psychology  
Nursing

### Kemmy Business School

Accounting & Finance  
Economics  
Management & Marketing  
Work & Employment Studies

### Science & Engineering

Biological Sciences  
Chemical Sciences  
Computer Science  
Electronic & Computer Engineering  
Mathematics & Statistics  
Physics  
Engineering (Civil, Mechanical, Biomedical, Aeronautical & Industrial)  
Architecture & Design



One of the standout features of UL is its vibrant and diverse community. The opportunity to interact with people from every corner of the globe is an unparalleled experience. The melting pot of cultures, ideas, and perspectives fosters an environment that nurtures understanding, tolerance, and acceptance. It's not just a university; it's a microcosm of the world.

**Ellen Cruise**

Pacific University



# Applying to Study Abroad at University of Limerick

To spend a semester or year at University of Limerick as a visiting student, you can apply through your home universities' Study Abroad office or through an approved Study Abroad provider.

## What documents will I need to provide?

To apply for the Study Abroad Programme you will need to provide:

- Current official undergraduate degree transcript showing your overall GPA.
- Copy of your passport (photo page).
- English language certificate (if English is not your first language).
- Approval from your home university.

## Entry Requirements

### GPA

Students are required to have a cumulative GPA of 2.9 from their current home university.

### English Language

**CEFR:** Common European Framework of Reference for Languages – B2.

**TOEFL:** TOEFL 550 (paper-based) 210 (computer-based) / 80 (internet-based).

**IELTS:** Minimum overall score of 6.0.

**Duolingo English Test:** The minimum requirement for Duolingo English Test (DET) is a score of 110.

## Programme Providers:



**Academic Programs International (API)**  
apistudyabroad.com



**American Institute for Foreign Study (AIFS)**  
aifsabroad.com



**Arcadia Abroad, The College of Global Studies**  
studyabroad.arcadia.edu



**CIS Abroad – Centre for International Studies**  
cisabroad.com



**Institute for Study Abroad (IFSA)**  
ifsa-butler.org



**International Studies Abroad (ISA)**  
studiesabroad.com



**Learn International**  
learninternational.ie



**Study Abroad Foundation**  
studyabroadfoundation.org



**World Endeavours**  
worldendeavors.com

## What does it cost?

### Immigration

Many non-EU students entering Ireland must show airport officials a valid entry visa. North American students do not require an entry visa but are required to have an offer letter from UL at the entry airport and will be required to register with the Irish Immigration Service for the duration of their stay. The immigration registration fee is €300.

## Application Dates

Semester	Applications Open	Applications Close
Spring	Mid-July	1 <sup>st</sup> November
Autumn	Mid-February	1 <sup>st</sup> June



[bit.ly/3LR2T3n](https://bit.ly/3LR2T3n)



## Cohort Programmes

For a number of years, University of Limerick has offered Freshman students from around the world an unforgettable Study Abroad experience.

Freshman students receive a very high level of pastoral care, including a dedicated Freshman Programme Manager providing both drop-in and scheduled appointments for student support throughout the semester as well as hosting an extended in-depth orientation to help new students settle in. Studying abroad is a unique time in your education, at University of Limerick we make sure to be as flexible as possible to ensure our incoming freshman students have the option to make the most of their experience while studying here with us.

Freshman Study Abroad students are given flexibility to enrol in courses across the university. However, they are restricted to year one courses.



[youtu.be/3htUud7YDIw](https://youtu.be/3htUud7YDIw)

## Summer Schools

Choose from our selection of Summer School Programmes. With more than 20 years of experience running Summer Schools, we aim to provide students with a fun, engaging and memorable Study Abroad experience in a safe, and friendly environment.

This is a chance to immerse yourself in the heart and soul of Ireland, forging lifelong memories and friendships along the way.

### International Summer School Programme (3 Week)

This 3-week summer school allows students to choose from one of seven diverse classes from four subject areas – Irish Studies, Education and Health Sciences, Business Studies and Law. Courses are carefully curated to ignite passion and curiosity in the subject area through an exhilarating and interactive syllabus which is guaranteed to keep students engaged. All while taking part in excursions and daily events under the supervision of a dedicated summer school team.

### Faculty-Led Programme (Optional Duration)

The faculty-led summer school, allows visiting faculty to collaborate with the UL Summer Schools Team to curate a tailored experience to meet your unique needs, wants, and expectations. Students will take part in excursions and daily events along with the International Summer School Programme to ensure they get a fully integrated international experience.

### STEM Research Programme (8 Week)

The 8-week STEM Research Programme enables students to delve into a myriad of cutting-edge research topics and projects that align with their interests and passion. With unrivalled access to state-of-the-art facilities and expert mentorship from UL faculty, you'll thrive in an environment that fosters creativity and innovation. Beyond the lab, we have a host of exciting events and exhilarating excursions planned, allowing you to immerse yourself in Irish culture and create unforgettable memories with like-minded peers.

#### Summer School

#### Dates

International Summer School Programme (3 Week)	End of May to Middle of June
Faculty-Led Programme (Optional Duration)	End of May to Optional Date
Stem Research Programme (8 Week)	End of May to End of July

# What We Offer

## Study

Pick a module to study for 3 weeks (all modules offer a hands-on and fun experience!).

## Exposure

Students will get to experience a unique, immersive, academic, and cultural trip, with an opportunity to pursue academic interests.

## Accommodation

Guaranteed on-campus accommodation, living with other international students in one of the eight purpose-built student villages.

## Excursions

Students will have the opportunity to experience cultural and historical excursions.

## Events

Students will have fun daily evening events organised and ran by your designated UL student guides.

## Meals

Students will get breakfast, lunch and dinner provided for them Monday to Friday for their entire stay, excluding the bank holiday and the day of departure.

## Orientation

Students will receive UL welcome packs and take part in a tailored orientation programme in which they will learn all they need to know about being a student in University of Limerick.

## Airport Transport

Airport transfers from Shannon Airport to the UL campus will be provided on certain dates. You will be greeted and accompanied by your UL student guides.

## Academic Transcript

Each student will have an official UL transcript sent to their home university.



## How to Apply

- 1 Get approval from your home university for all modules that are on offer and apply for a position as a student in the International Summer School at University of Limerick.
- 2 Read the International Summer School Module Booklet and pre-select the top three modules you would be interested in taking.
- 3 Make sure you are ready to provide an official copy of your Academic Transcript and a copy of your Passport (photo page).
- 4 Once you have everything completed from the previous steps, you are ready to apply. Fill out your application through the link box below. Please find a walkthrough of the Online Application process [here](#).

Please email [summer.schools@ul.ie](mailto:summer.schools@ul.ie) if you have any application questions.

### Applications Open:

Early November

### Applications Close:

Start of April

**APPLY NOW**



[bit.ly/3WTfOsh](https://bit.ly/3WTfOsh)

# Special Programmes

## Global Leadership for Sustainable Development

Embark on a transformative journey that will empower you to become a global leader in sustainable development, taking part in the immersive and enriching experience offered by University of Limerick's Global Leadership for Sustainable Development programme.

This 7-week extracurricular initiative is meticulously designed and delivered by UL Student Sustainability and UL Global to help students gain insights into economic, environmental, and social sustainable development. Go beyond theory to develop solutions for real-world challenges.

More Info: [bit.ly/4bTbxJq](https://bit.ly/4bTbxJq)



## Experiential Learning

The TESOL Practicum at University of Limerick offers a comprehensive, hands-on teaching experience for students interested in teaching English as a second language to learners from a displaced background.

This programme is ideal for students majoring in Education, English, Linguistics, or related fields, but is open to those from all backgrounds. Gain classroom experience while developing practical teaching skills all while engaging with local communities and broadening your global perspective.



## President's Volunteer Award

The President's Volunteer Awards are designed to encourage and reward students who engage in voluntary activities, fostering a spirit of community and responsibility beyond the UL campus.

These awards acknowledge the dedication and impact of student volunteers, enhancing their university experience and providing valuable life skills. Gain formal recognition for your voluntary contributions on your UL transcript, connect with like-minded individuals and build lasting relationships and enhance personal and professional development through diverse volunteering experiences.



## Sport Internships

UL is not only home to world-class sporting facilities, but also high-performance athletes and coaching set ups. We offer the opportunity to fully integrate students into these coaching set ups for the duration of their stay.

UL sports teams usually train around normal class hours so students can commit to every session while still being available for classes each day. American Football, GAA, Rugby, Soccer, Swimming and Basketball all have coaching teams for students to join. Based on the students' requirements and interests there are opportunities in strength and conditioning, data collection and analysis, community outreach, team logistics and more. Weekly self-reflective reports and feedback from UL coaches make this a hugely beneficial opportunity.

## Site Visits

Limerick's pro-business status is reflected by the location in the region of 120 plus of the world's leading IT, life sciences and financial services companies.

The home of some of the world's most pioneering and/or established international businesses, including Uber, Dell, Northern Trust, Johnson & Johnson, Analog Devices, General Motors, Regeneron and Viagogo. The Study Abroad team at UL are committed to taking advantage of the proximity of these to our campus by organising visits and giving students access to facilities, staff and an opportunity to see for themselves a future career in action. Limerick is developing as an environmentally sustainable and carbon neutral economy, a pioneer in sustainable growth, but has been powered by green energy from Ardnacrusha Hydro Power Station since 1929. They continue to welcome UL Study Abroad students to their site every semester.

# A Perfect Campus Environment

University of Limerick welcomes students from over 100 countries each year and recognises the importance of achieving **balance in both education and life.**

Take a **Virtual Tour of Our Stunning Campus** which includes our four faculties, student supports, accommodation as well as a glimpse of Ireland's sporting campus or quickly view a **campus map.**

## UL Student Life

### 'Belong to the Pack'

UL Student Life is the student representative body of University of Limerick.

UL Student Life supports students by focusing on five core functions:

- 1** Leadership & Representation – Allowing students to have their voice heard, make an impact and leave a legacy during their time at UL.
- 2** Events & Engagement – Producing top quality and engaging events so that students can socialise, make new friends and create lasting memories.
- 3** Clubs & Societies – Empowering students to find their pack, meet like-minded people and try something new.
- 4** Advice & Advocacy – Acting as a first port of call for students that are going through hard times, having difficulty coping or are simply in need of advice.
- 5** Information & Services (Student Centre Services) – Helping students to find their way through university and answer any questions they may have.

### Clubs and Societies

UL Wolves, which is part of UL Student Life, is the home of all the student-run clubs and societies at University of Limerick. UL Wolves is a thriving network of over 80 different clubs and more than 6,000 members!

Clubs & societies are a great place to have fun, make friends, meet like-minded people, get out and about, and try something new.

Find your own wolf pack today!



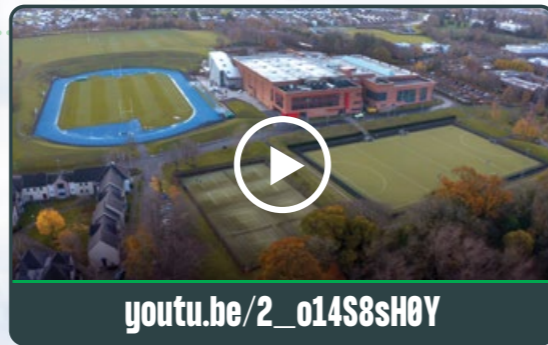
## Engagement Team

The Globe is a social and event space for University of Limerick's international students. It is managed by the Student Engagement team who organise events and activities throughout the academic year with an international focus, celebrating cultural diversity including Thanksgiving and Lunar New Year. The Globe also hosts Study Abroad student advice and information sessions throughout the semester aimed at helping students to navigate life in Limerick and UL.

## Ireland's Sporting Campus

Whatever your sporting ambitions or skill set, you'll find something to suit your lifestyle at UL. We take our title of Ireland's Sporting Campus seriously. The University Arena boasts a top-class indoor facility, a 50-metre pool and a separate diving pool. There are over 60 acres of outdoor pitches including 8 all-weather 3/4G synthetic pitches. Whether you're training for Olympic gold or looking for the next Spin class, there's always something to get involved in, at Ireland's Sporting Campus.

UL Sport is now home to Ireland's tallest climbing wall at 21 metres high. We also have the UL Boathouse, situated on the riverbank and home to Ireland's only Indoor Rowing Tank. In the nearby town of Killaloe (25km away), you'll find the UL Sport Outdoor Adventure Centre, where you can experience a host of on land and water-based activities including sailing, windsurfing, canoeing, rock climbing and more.



## Accommodation

Living on-campus is one of the best ways to enjoy life at UL. Based on UL's distinctive riverside parkland campus, students can choose to live in one of UL's eight villages offering 2, 4 and 6-bedroomed apartments. Students have their own private study bedroom equipped with a good size study desk and free access to high-speed internet via the UL network. All accommodation offers a private bedroom with shared living space and kitchen and some of our apartment style residences also have an en-suite option. Living on-campus offers a convenient, safe and affordable option for students. Each village has a village manager, who is available 8am – 8pm from Monday – Friday as well as on campus security 24/7.

More Info [bit.ly/46tWiFJ](https://bit.ly/46tWiFJ)

## Rainbow Housing

University of Limerick was the first university in Ireland to offer Rainbow Housing. Rainbow housing is for students who wish to live together in an on-campus house/apartment that supports the lesbian, gay, bisexual, transgender, queer, questioning, intersex and allied community at UL. Residents of rainbow housing create and maintain a living space that is affirming to all sexual and gender identities.





The best part of my study abroad experience has been learning about the Irish culture, meeting other international students, and attending the activities, trips, and cultural events organised by UL Global. Being able to explore Ireland and studying at the same time has been very rewarding.

### Safiye Yasan

University of North Carolina at Chapel Hill



## Student Life Building

The new UL Student Centre, a 3,529 square metre four-storey building, is in a prime location at the heart of UL campus. The new student centre serves as the central point for student gatherings and provides an inclusive environment where all students can come together to socialise, relax, and immerse themselves in the student experience. The new hub for UL Student Life includes a:

- state-of-the-art meeting/event space
- games room with pool tables, gaming consoles and interactive multi-ball wall
- a new coffee shop
- UL Wolves merchandise store
- giant multimedia wall for movies and sporting events
- an outdoor terrace and garden.

## Dining On Campus

Being a student is hungry work. On campus at University of Limerick, there are a great range of restaurants, cafés and bars offering high-quality home cooked food at budget conscious prices. A foodie tour of UL can involve anything from a takeaway roll from the supermarket deli all the way up to a fine dining experience in the East Room at Plassey House, with any number of tasty options in-between, including our weekly Farmer's Market every Tuesday which brings local food suppliers onto campus.





# Feel Supported at UL

At UL we take pride in our Student Supports – because they're all here to help you have **the best university experience possible.**

Staying well, both physically and mentally, is a critical part of successful student life. Studying abroad can throw up some unexpected challenges for any student, however at University of Limerick we have award-winning supports available for all international students. Wellbeing services including student counselling and health services are based in the main building as well as various learning centres located around the campus, with specialised support for writing, maths, ICT and science.

## Orientation

All Study Abroad students will embark on a detailed, weeklong orientation before classes begin ensuring that all students are settled, comfortable and confident ahead of the new semester. From airport collection and welcome coffees to student essentials, timetables and culture shock we cover all areas of life at UL.

The aim of the UL Global Orientation programme is to ensure Study Abroad students have a smooth transition and integration into the campus community. For those students who require extra support, a one-to-one session online or in-person can be made with a member of the Study Abroad team.



## Chaplaincy

Often the first reference point for a student in need of help. The Chaplaincy Centre (Teach Fáilte), located in the Student Centre, is open daily from 10.30am to 4.30pm. Individuals or groups are welcome for a casual cup of coffee and chat or in times of difficulty, students are assured of a listening ear and may be facilitated to avail of other supports on or off campus. This fantastic service is not limited to those of a religious background but instead all students are encouraged to engage with the team. No worry is too small.

[www.ul.ie/student-affairs/chaplaincy](http://www.ul.ie/student-affairs/chaplaincy)

## Counselling

The Student Counselling and Wellbeing Service is a free and confidential service which is available to all registered UL students. The service is staffed by qualified and experienced Clinical Psychologists, Student Counsellors, Intern/Trainee Psychotherapists, and Assistant Psychologists. Together they provide an extensive array of skill, expertise, and knowledge, equipping them to work with a wide range of personal issues. The counselling service provides a free and confidential service from 9am - 5pm, Monday to Friday. It is the first point of contact for your mental health care needs. Students begin by attending a drop-in service which runs each weekday throughout the semester, after which further supports will be offered depending upon their needs and the resources available. Typical supports include online supports, short-term counselling, or referral to a specialist mental health service.

[www.ul.ie/student-affairs/counselling-service](http://www.ul.ie/student-affairs/counselling-service)

## Disability Services

The Disability Support Service are committed to the provision of educational opportunities to students with disabilities. They offer a dedicated support service to students registered with the service. Study Abroad students are required to register in advance with Disability Support Services in order for UL to put academic and exam supports in place. Documentation regarding your disability should be submitted, a Needs Assessment will take place with Disability Services and reasonable academic accommodations will be agreed upon.

[www.ul.ie/student-affairs/disability-services](http://www.ul.ie/student-affairs/disability-services)



## Student Health Centre

The Student Health Centre seeks to provide services that target illnesses and problems that occur in the university student population. The centre provides a range of services including primary care of acute and chronic illnesses, both physical and mental. Services include access to doctor (GP), nurse, contraceptive clinic, sexual health clinic and physiotherapy.

[www.ul.ie/student-affairs/student-health-centre](http://www.ul.ie/student-affairs/student-health-centre)

## Buddy Programme

The University of Limerick International Buddy Programme is an initiative which matches incoming international students from all over the world with a current UL student volunteer based on similar interests. As for anyone who moves to a new area or enrolls in college, this time can be very daunting. The aim of the Buddy Programme is to help our international students during their first initial weeks by providing them with a UL volunteer who will give them insider tips about life at University of Limerick. Throughout the semester a UL buddy will collect tickets for events that you can attend. At these events students will have the chance to meet a wider network of other UL students and new international students.

[www.ul.ie/global/international-buddy-programme](http://www.ul.ie/global/international-buddy-programme)





## UL Global

University of Limerick  
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